The association between cue-reactivity in the precuneus and level of dependence on nicotine and alcohol

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Background: Given numerous reports implicating involvement of the precuneus in cue-reactivity paradigms, the goal of this investigation was to examine the relationship between activation of the precuneus in response to drug cues and measures of subjective craving and severity of dependence in volunteers who were comorbid for alcohol and nicotine abuse.

Methods: Forty research participants, who all reported heavy drinking and daily smoking, were recruited (15 women; 70% Caucasian; mean age = 31.2 years) for a functional magnetic resonance imaging (fMRI) session involving a cigarette video-cues task and an alcohol taste-cues task. Mean precuneus activation from both tasks during cue presentation was subjected to bivariate correlation analyses with indices of dependence severity and subjective craving.

Results: Precuneus activation in the contrast of Cigarette Cues vs. Control Cues was positively correlated with scores on the Fagerström Test of Nicotine Dependence (r = 0.388, p < 0.016), and activation in the Alcohol Cues vs. Control Cues contrast was positively correlated with Alcohol Dependence Scale scores (r = 0.338, p = 0.038). No correlations with subjective craving were observed (p > 0.05).

Conclusions: These findings indicate that the precuneus is involved in cue reactivity for both cigarettes and alcohol, and that this involvement is moderated by severity of drug dependence. The precuneus may be a cortical locus for neuroplastic changes related to drug dependence.

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1. Introduction

Since the mid-1990s, numerous neuroimaging researchers have examined brain responses associated with cue-induced craving using variations of the cue-exposure paradigm (Grant et al., 1996). This paradigm is largely predicated on associative learning principles in that repeated pairing of drug cues with drug consumption produces conditioned reinforcement such that the drug cues become conditioned stimuli capable of eliciting craving (O'Brien et al., 1990), and that reactivity to drug cues plays an essential role in maintaining addictive behavior (e.g., Hogarth and Chase, 2011). Cigarette cue-exposure paradigms have historically involved pictorial cues (Bourque et al., 2013; King et al., 2010; McClenon et al., 2005, 2009), video cues (Culbertson et al., 2011), and even video cues paired with external cigarette-related stimuli (e.g., a cigarette placed in the hand; Brody et al., 2004; Franklin et al., 2007). As for alcohol, commonly employed versions of the cue-exposure paradigm in neuroimaging research include the use of alcohol-related pictures (Myrick et al., 2008; Vollstadt-Klein et al., 2010), alcohol taste cues (Filbey et al., 2008a; Myrick et al., 2008; Ray et al., 2013), and personalized scripts from alcohol-related situations (Seo et al., 2013). Due to their purported involvement in motivational value assignment and cognitive control, regions of focus in these investigations typically include the striatum, anterior cingulate cortex (ACC), dorsolateral prefrontal cortex (dlPFC), and orbitofrontal cortex (OFC; e.g., Bonson et al., 2002; Brody et al., 2002; Claus et al., 2011; Filbey et al., 2008a). However, two recent meta-analyses have highlighted the role of the precuneus in alcohol and cigarette cue-reactivity. Specifically, the precuneus was identified, along with the posterior cingulate and superior temporal gyrus, as selectively affected by alcohol-cue presentation in samples of alcohol-dependent individuals (Schacht et al., 2013), and the precuneus was also implicated in response to smoking cues in samples of daily smokers (Engelmann et al., 2012). These findings suggest the precuneus may play a non-drug-specific role in cue-reactivity; however, no study to date has examined precuneus...
responses to alcohol and cigarette cues within the same research participants.

Located in the posterior medial portion of the parietal lobe, the precuneus has widespread connections with higher association cortical and subcortical structures. It has strong cortical interconnections to the prefrontal cortex as well as connections to the posterior cingulate and retrosplenial cortices, the dorsal premotor area, the supplementary motor area, and the anterior cingulate cortex. Major subcortical connections of the precuneus include the claustrum, the dorsolateral caudate nucleus, and the putamen (for a review see Cavanna and Trimble, 2006). Many of the same brain regions also have been implicated in reactivity to smoking and alcohol cues in the aforementioned meta-analyses. Activation of the precuneus within this larger network may reflect integration and relay of drug-cue information from the extended visual system to the systems involved in motivated behavior and choice (Engelmann et al., 2012). Further, the precuneus is putatively involved in self-centered, mental imagery strategies and successful episodic memory retrieval (Cavanna and Trimble, 2006), both of which are likely to play a role in drug cue-reactivity.

Despite the strong support for involvement of the precuneus in drug cue-reactivity, a proposed biological marker of cue-induced drug craving, few studies have observed correlations between self-reported, subjective craving and precuneus activation in response to drug cues. In a meta-analysis across drug-cue reactivity studies that included craving correlation analyses, only two of the 13 alcohol-cue studies (Park et al., 2007; Tapert et al., 2003), and one of the 15 nicotine-cue studies (Brody et al., 2007) identified by the authors contained a significant association between subjective craving and precuneus activation; furthermore, the meta-analysis itself failed to find this association (Chase et al., 2011). The absence of significant associations between self-reported craving and blood oxygen level-dependent (BOLD) response in many brain areas is not an uncommon finding in cue-exposure paradigms (e.g., Due et al., 2002; Filbey et al., 2008c; Heinz et al., 2004). It is possible that the precuneus, among other regions, plays a broader role in the phenomenon of substance dependence, functioning as an index of addiction further upstream from, or in parallel with, the experience of subjective craving per se. For example, the extent to which self-referential processing occurs during cue-reactivity may depend on one’s level of drug dependence severity (e.g., Brody et al., 2009; Claus et al., 2013), which may or may not facilitate the subsequent experience of subjective craving in response to drug cues. Consistent with these interpretations, correlations between alcohol cue-elicited activation of the precuneus and a variety of measures of alcohol use disorder severity, including Alcohol Use Disorders Identification Test (AUDIT) score and years of heavy drinking have been previously reported (Claus et al., 2011).

In summary, the known involvement of the precuneus in self-centered mental imagery and episodic memory highlights a plausible mechanism in drug cue-reactivity. Based on the meta-analyses discussed, the recruitment of the precuneus in cue-reactivity paradigms appears to be largely consistent, although it remains unclear whether recruitment of this region represents a non-drug specific index of addiction or whether the precuneus responds selectively to reminders of one’s drug of choice. Further, the extent to which severity of dependence moderates precuneus reactivity to drug cues remains largely unknown. The goal of the present study, therefore, was to examine the role of the precuneus in drug cue reactivity, using both an alcohol-cue and cigarette-cue paradigm in a sample of heavy drinking, daily smokers. Specifically this study tests (a) precuneus activation in response to drug (alcohol and cigarette) vs. control cues, and (b) associations between precuneus activation during cue reactivity and measures of subjective craving and alcohol/nicotine dependence severity.

Table 1

<table>
<thead>
<tr>
<th>Variable</th>
<th>Mean (SD) or frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>31.17 (8.82)</td>
</tr>
<tr>
<td>Sex—Male/Female</td>
<td>25/15</td>
</tr>
<tr>
<td>Ethnicity</td>
<td>Caucasian = 28</td>
</tr>
<tr>
<td>African Am.</td>
<td>Asian = 2</td>
</tr>
<tr>
<td>Latino</td>
<td>3</td>
</tr>
<tr>
<td>Education (years)</td>
<td>14.55 (3.73)</td>
</tr>
<tr>
<td>Cigarettes Per Day</td>
<td>14.69 (7.40)</td>
</tr>
<tr>
<td>Smoking Days per Month</td>
<td>29.50 (1.13)</td>
</tr>
<tr>
<td>Drinking Days per Month</td>
<td>20.77 (7.84)</td>
</tr>
<tr>
<td>Alcohol Drinks per Drinking Day</td>
<td>66.18 (3.18)</td>
</tr>
</tbody>
</table>

Table 1 Demographic information, smoking behavior, and alcohol use.

2. Methods

2.1. Sample characteristics

A community sample of non-treatment seeking individuals reporting daily cigarette smoking and heavy drinking was evaluated in the laboratory to investigate the effects of two medications (naltrexone and varenicline), alone and in combination, on subjective responses to nicotine and alcohol (n = 427). Recruitment occurred through community flyers and online advertisements. The protocol was approved by the University of California, Los Angeles Institutional Review Board. A total of 130 individuals were randomized to receive medication and, of those, a random sample of 40 heavy drinking smokers was invited to participate in the neuroimaging portion of the study. Inclusion criteria for the study were: (1) age between 21 and 55 years; (2) endorsement of smoking 10 or more cigarettes per day; (3) current status of heavy drinking according to the National Institute on Alcohol Abuse and Alcoholism (NIAAA) guidelines (National Institute on Alcohol Abuse and Alcoholism, 1995); for men, >14 drinks per week or ≥5 drinks per occasion at least once per month over the past 12 months; for women, ≥7 drinks per week or ≥4 drinks per occasion at least once per month. Exclusion criteria were: (1) more than 3 months of smoking abstinence in the past year; (2) self-reported use of illicit drugs (other than marijuana) in the previous 60 days or positive urine toxicology result; (3) lifetime history of psychotic disorders, bipolar disorders, or major depression with suicidal ideation; (4) current symptoms of moderate depression (or higher), indexed by a score ≥20 on the Beck Depression Inventory-II (Beck et al., 1996); (5) eligibility on physical exam and laboratory tests; and (6) MRI contraindications/constraints, including left-handedness.

2.2. Screening procedures and individual difference measures

Demographic information, including age, sex, ethnicity, and years of education, was collected from all participants. Also obtained were self-reports of cigarette and alcohol use, and indices of nicotine and alcohol dependence (Table 1). Independent t-tests or Pearson correlations were conducted on all demographic variables; no significant relationships between any demographic variables were observed (ps > 0.05), except that FTND score was found to significantly correlate with years of education (r = 0.321, p = 0.044). Cigarette and alcohol use was assessed using the 30-day Timeline Follow-Back (TLFB; Sobell and Sobell, 1980), and dependence was assessed with the Fagerström Test of Nicotine Dependence (FTND; Heatherton et al., 1991) and Alcohol Dependence Scale (ADS; Skinner and Allen, 1982), respectively.

2.3. Neuroimaging procedures

After screening, the 40 individuals selected for the neuroimaging portion of the study were randomized to one of four medication conditions: 25 mg/daily of naltrexone, 1 mg/twice daily of varenicline, 25 mg/daily of naltrexone and 1 mg/twice daily of varenicline combined, or placebo (n = 10 per group). Scanning occurred after 10–12 days on medication while at target dose. For the purposes of the present study, medication group represented a covariate of no interest and was controlled for in all fMRI analyses. The effects of the study medication on brain activation during drug cue presentation within this sample will be reported elsewhere. Participants were not required to abstain from smoking prior to the neuroimaging session; however, breath alcohol concentration (BrAC) required to be 0.00 g/dl.

2.3.1. Cigarette cues task. Participants underwent a cigarette cues task which consisted of viewing videotaped cues, developed by Brody et al. (2002). Similar tasks have been widely used in neuroimaging studies of tobacco users (Brody, 2006; King et al., 2010; McClernon and Gilbert, 2004; McClernon et al., 2005, 2008). Stimuli consisted of first-person perspective color videos with smoking content (e.g., person
smoking a cigarette or control content (e.g., person writing in a journal), each lasting 45 s. The paradigm consisted of 12 video cue trials (6 cigarette and 6 control) pseudorandomly presented across participants (first video always control), followed by an urge-rating period for a maximum of 10 s or until key press, 1 second of response feedback, and a 10-s rest period before initiation of the next trial. During the urge-rating period, participants were instructed to rate their current urge to smoke using a scale ranging from urge at all (0) to 4 (very high urge) using a four-button response box placed in their right hand. The presentation of all stimuli and response collection were programmed using MATLAB (Mathworks, Natick, MA) and the Psychtoolbox (www.psychtoolbox.org) on an Apple MacBook running Mac OS X (Apple Computers, Cupertino, CA). Visual stimuli were presented using MRI-compatible goggles (Resonance Technologies, Van Nys, CA).

2.3.2. Alcohol cues task. Participants completed an alcohol taste-cue paradigm previously reported to elicit blood oxygen level dependent (BOLD) response in mesocorticolimbic areas (Filbey et al., 2008a,b). Alcohol and control (water) taste stimuli were delivered via Tetron tubing using a computer-controlled delivery system (Infini- 

Figure 1. Precuneus region of interest spheres (8 mm radius) centered on the mean peak voxels produced using a “leave-one-out” procedure for the cigarette and alcohol cues tasks separately. The mean peak voxels from the precuneus were located at the following MNI coordinates: x = 2.4, y = −65.6, z = 29.2 (Cigarette Cues vs. Control Cues; depicted in yellow) and x = −5, y = −47, z = 37 (Alcohol Cues vs. Control Cues; depicted in blue). For interpretation of the references to color in this figure legend, the reader is referred to the web version of the article.

The Cigarette Cues vs. Control Cues and Alcohol Cues vs. Control Cues contrasts were computed. To enable an unbiased examination of the precuneus region of interest (ROI), we used a “leave-one-out” procedure, which allows definition of functional ROIs that are independent of the data submitted for analysis (Esterman et al., 2010). Thirty-eight whole-brain GLMs (using FEAT) were run for the Cigarette Cues vs. Control Cues and Alcohol Cues vs. Control Cues contrast images using medication group as a covariate of no interest. For each GLM, data from one participant was left out, and a spherical ROI (8 mm radius) was defined around the peak voxel for each region. The left-out participant’s data was extracted from this spherical ROI. An anatomically-defined mask from the Harvard-Oxford Probabilistic Brain Atlas was used to constrain the search space for finding the peak voxel within the precuneus. The mean peak voxels from the precuneus were located at the following MNI coordinates: x = 2.4, y = −65.6, z = 29.2 (Cigarette Cues vs. Control Cues) and x = −5, y = −47, z = 37 (Alcohol Cues vs. Control Cues; Fig. 1).

One-sample t-tests were conducted on the averaged ROI data from each drug vs. control cue contrast to determine statistical differences from 0. Bivariate Pearson correlations were run on the variables of interest: preconus activation from the Cigarette Cues vs. Control Cues contrast (controlling for medication group), precuneus activation from the Alcohol Cues vs. Control Cues contrast (controlling for medication group), self-reported craving levels in response to cigarette cues, self-

3. Results

As expected, the alcohol and cigarette cues tasks were found to be effective in eliciting greater self-reported craving immediately following the respective drug cues, as compared to the neutral cues (Fig. 2). Averaged across all subjects, activation of the precuneus in the relevant paradigms (controlling for medication group) was statistically significant (different from 0) in the Cigarette Cues vs. Control Cues contrast (t = 4.71, p < .001), yet it did not reach statistical significance in the Alcohol Cues vs. Water Cues contrast (t = 1.31, p = .198). Self-reported craving in response to alcohol and cigarette cues and years of education (which was positively associated with FTND score) were not associated with precuneus activation from either the alcohol or cigarette cue contrasts (p > .05).

Precuneus activation from the cigarette and alcohol cue contrasts, however, revealed positive correlations with indices of nicotine dependence and alcohol dependence, respectively (Table 2). In the Cigarette Cues vs. Control Cues contrast, activation of the precuneus was significantly correlated with FTND total score (r = .389, p = .016; Fig. 3), and precuneus activation in the Alcohol Cues vs. Control Cues contrast showed a significant correlation with ADS total score (r = .338, p = .038; Fig. 4). ADS and FTND total scores were not significantly correlated with each other (p = .162). Further, ADS was not correlated with activation in the Cigarette Cues vs.

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1 Exploratory whole-brain results are presented as supplementary materials and can be found by accessing the online version of this paper at http://dx.doi.org and by entering doi:
Control Cues contrast, and FTND was not correlated with activation in the Alcohol Cues vs. Control Cues contrast \((p > .05)\), suggesting specificity of the relationship between severity and cue-reactivity to the substance in question (namely alcohol or cigarettes).

Study medication group (varenicline alone, naltrexone alone, varenicline + naltrexone, or placebo), considered here as a covariate of no interest, accounted for a significant amount of variance in precuneus activation from the Cigarette Cues vs. Control Cues contrast. Specifically, differences were observed when comparing the varenicline group \((M = 4.44, SD = 17.11)\) to the naltrexone group \((M = 34.85, SD = 19.59; p = .008, \text{ Bonferroni corrected})\). No other medication group differences on precuneus activation were observed from the cigarette or alcohol task contrasts. Furthermore, independent \(t\)-tests comparing Fisher \(r\)-to-\(z\) transformed correlation coefficients indexing fMRI precuneus activation from the drug (alcohol or cigarette) vs. control cue contrasts and dependence severity for the respective drug within the four medication groups revealed no significant differences between medication groups \((p > .25)\); nevertheless, medication group was controlled for in all analyses.

4. Discussion

The literature on neurobiology of addiction has generally ignored the potential role of the precuneus in drug cue-reactivity

![Fig. 2](image1.png)

**Fig. 2.** Line plot of self-reported, subjective craving levels following (a) cigarette and non-cigarette control cues, and (b) alcohol and water control cues. Significant differences observed between drug and control cues at all time points \((p < .05)\) except Block Order 2 of the Alcohol Cues Task.

<table>
<thead>
<tr>
<th></th>
<th>Mean</th>
<th>SD</th>
<th>(1)</th>
<th>(2)</th>
<th>(3)</th>
<th>(4)</th>
<th>(5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1) FTND Score</td>
<td>5.15</td>
<td>1.64</td>
<td>−.231</td>
<td></td>
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<tr>
<td>(2) ADS Score</td>
<td>12.70</td>
<td>6.39</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>(3) Craving Rating following Cig. Cues</td>
<td>24.95</td>
<td>14.25</td>
<td>−.322</td>
<td>.317</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(6) Precuneus—Alcohol vs. Control</td>
<td>4.35</td>
<td>20.46</td>
<td>−.154</td>
<td>.338</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Table 2**

Correlations among dependence indices, self-reported craving measures, and precuneus activation from the Alcohol vs. Control and Cigarette vs. Control contrasts (controlling for medication group).

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Note: FTND = Fagerström Test of Nicotine Dependence; ADS = Alcohol Dependence Scale.

\(* p < .05.\)

\(** p < .01.**

![Fig. 3](image2.png)

**Fig. 3.** Scatterplot of precuneus activation \((\text{fMRI parameter estimates})\) from the Cigarette Cues vs. Control Cues contrast (controlling for medication group) and Fagerström Test of Nicotine Dependence (FTND) score. The fit line represents a \(R^2 = 0.151.\)

![Fig. 4](image3.png)

**Fig. 4.** Scatterplot of precuneus activation \((\text{fMRI parameter estimates})\) from the Alcohol Cues vs. Control Cues contrast (controlling for medication group) and Alcohol Dependence Scale (ADS) score. The fit line represents a \(R^2 = 0.114.\)
despite multiple reports of activation in this region in response to cue exposure (e.g., Claus et al., 2013; Park et al., 2007; Tapert et al., 2003). Part of this reluctance may be due to the lack of consistent support for an association between preconuse cue-reactivity and self-reported craving (Chase et al., 2011). By capitalizing on the range of dual substance use in a sample of heavy-drinking daily smokers, this study tested the extent to which preconuse activation during alcohol and cigarette cue-reactivity is moderated by subjective craving and/or severity of alcohol and nicotine dependence within the same individuals. Consistent with the majority of the literature, no correlations were observed between preconuse cue-reactivity and self-reported craving during exposure to either alcohol or cigarette cues. There were, however, significant positive associations between dependence severity and preconuse activation in response to the respective drug cues, in line with research indicating a moderating role of drug dependence severity on self-referential processing (e.g., Broyd et al., 2009; Claus et al., 2013), and suggesting that drug dependence severity may, at least in part, moderate drug cue-reactivity via the preconuse.

Since cigarette and alcohol dependence frequently co-occur within the same individuals, it is possible that the observed associations between activation of the preconuse during cue-exposure and the indices of alcohol and nicotine dependence actually represent a deeper relationship between the preconuse and a common genetic basis of addiction. However, scores on the Alcohol Dependence Scale (ADS) and Fagerström Test of Nicotine Dependence (FTND) were not significantly correlated with one another, nor with preconuse activation in response to the alternate substance. This suggests that these indices of dependence are not indexing a single construct of dependence severity, and that preconuse activation is capturing unique variance associated with the relationship between dependence severity and cue-reactivity for each substance. This distinction is also supported by a recent report of preconuse involvement in cue-induced urges to game within a sample of individuals addicted to Internet gaming (Ko et al., 2013), a condition which was under investigation for inclusion as a disorder in the Diagnostic and Statistical Manual of Mental Disorders (DSM–5; American Psychiatric Association, 2013), and one that is less likely to share as much genetic etiology with drugs of abuse as compared to alcohol and nicotine dependence. Notably, the participants classified as addicted to Internet gaming exhibited comorbid nicotine dependence, yet no significant preconuse activation in response to cigarette cues was observed. Although this lack of association may be due to methodological differences in their cigarette cue-reactivity task as compared to that used in the present study, the distinct nature of preconuse involvement in cue-exposure paradigms across multiple drugs and behaviors of abuse is suggestive of the unique yet global involvement of the preconuse in the phenomenon of cue-reactivity.

Through processes such as self-referential processing and episodic memory retrieval (Cavana and Trimble, 2006), the observed activation of the preconuse during cue-reactivity tasks may represent processes occurring further upstream from the experience of subjective craving. The preconuse, therefore, may represent more of the “biological experience of craving,” as compared to other brain regions (e.g., insula: Garavan, 2010) which may underlie the subjective interpretation of the craving experience and subsequently correlate more strongly with self-report measures (Drummond et al., 2000). Alternatively, preconuse involvement in drug cue reactivity may be subserving a habitual response to the cues in more severely dependent alcohol and cigarette users. This interpretation is consistent with the dual-process learning theory of addiction, which suggests that drug-seeking is mediated by parallel goal-directed and habitual processes, with habitual processes being more dominant in drug-cue contexts. Further, this account explains why cue-reactivity is impervious to drug satiety whereas subjective craving is not (Hogarth and Chase, 2011). The positive associations between preconuse activation and dependence severity observed in the present study are consistent with this hypothesis, as one would expect individuals with greater levels of dependence to experience higher levels of cue-reactivity. Further investigations of these reverse inferences are needed before conclusions can be drawn.

While strengths of the study include well-validated neuroimaging analysis methods and a unique sample comprised of alcohol and cigarette co-users, weaknesses include the lack of a non-alcohol abusing, non-smoking control group, and the administration of study medications (i.e., varenicline and/or naltrexone) to most of the participants. Although study medication effects were controlled for statistically, unforeseeable consequences associated with the medication effects warrant caution in interpreting the results. Previous work has observed effects of varenicline and naltrexone on several brain regions, primarily within the reward circuitry (Franklin et al., 2011; Myrick et al., 2008). Thus, future research is needed to validate these findings in un-medicated samples of substance users and non-users. Study designs that incorporate participants who use various substances, beyond alcohol and nicotine, while capturing the full spectrum of drug use would be well positioned to further investigate the role of the preconuse in drug cue-reactivity.

In conclusion, this study provides initial evidence that preconuse activation during cue-reactivity is moderated by severity of alcohol and nicotine dependence within the same individuals, independent of subjective craving. These findings advance our understanding of the role of this brain region in substance dependence through the pathway of drug cue-reactivity and suggest that the preconuse may be a locus of neuroplastic changes that arise with greater dependency on drugs of abuse.

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Contributors

Author LAR designed the original study and wrote the protocol. EDL consulted on study procedures and on critical editing of the final manuscript. KEC and DGG conceived of the hypothesis and undertook data analysis, and KEC wrote the first draft of the manuscript. All authors contributed to and have approved the final manuscript.

Conflict of interest

LAR is a paid consultant for GSK. All other authors declare that they have no conflicts of interest.

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Appendix A. Supplementary data

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References


