

Referral Packet

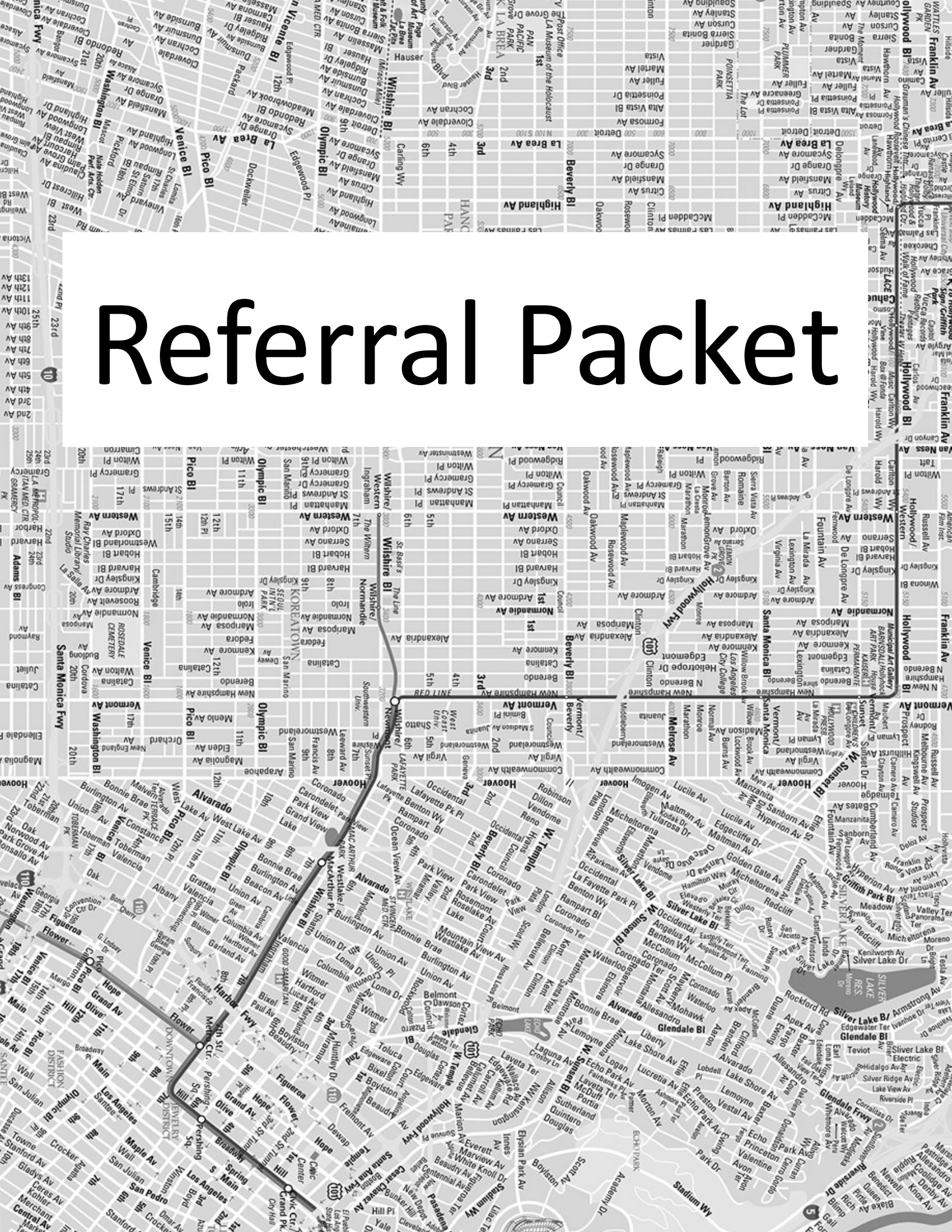


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Addiction Recovery Hotlines

- **SAMHSA's National Help Hotline**

1-800-662-HELP (4357)

TTY: 1-800-487-4889

Website: www.samhsa.gov/find-help/national-helpline

Also known as, the Treatment Referral Routing Service, this Helpline provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.

- **Los Angeles Addiction Hotline**

1-855-YES-REHAB

Website: <http://losangeles.theaddictionhotline.org/>

- **California Smokers' Helpline**

1-800-NOBUTTS (1-800-662-8887)

Website: <http://www.nobutts.org/>

- **Alcohol and Drug Helpline**

800-821-4357

24 hour alcohol and drug helpline that provides referrals to local facilities.

- **Alcoholics Anonymous Hotline**

800-923-8722 or 323-936-4343

- **Cocaine Anonymous L.A. Area**

310-216-4444

- **Narcotics Anonymous**

800-863-2962 or 323-933-5395

Additional Hotlines

Suicide Hotlines

- **Los Angeles Suicide Prevention Center**

310-391-1253

24-Hour Crisis Hotline

- **National Suicide Prevention Hotline**

1-800-273-TALK (8255)

24-Hour Crisis Hotline, toll free

- **Trevor Project**

1-866-488-7386

24-Hour Crisis Hotline for LGBT & Questioning Youth, toll free

Violence and Sexual Assault Hotlines

- **National Domestic Violence Hotline**

1-800-799-SAFE(7233)

<http://www.thehotline.org/>

- **L.A. Co. Assaults Against Women Hotline**

213-626-3393

- **National Domestic Violence/Child Abuse/ Sexual Abuse Resource Hotline**

800-799-SAFE (800-799-7233)

(TDD) 800-787-3224

Spanish) 800-942-6908

- **National Rape Crisis Hotline (RAINN)**

800-656-4673

- **Women and Children Crisis Shelter Referral Service**

562-945-3939

- **Rape UCLA (Santa Monica) Treatment Center (8-5pm)**

310-319-4503

- **Love is Respect** (Dating Abuse and Domestic Violence Resource)

Call 1-866-331-9474

Chat Online with loveisrespect (7 days/week, 5:00 PM to 3:00 AM EST) or text loveis to 22522

Additional Hotlines *(Continued)*

Mental Health Hotlines

- **L.A. Co. Mental Health/Crisis Line**

1-800-854-7771

- **NAMI Helpline** *(National Alliance for the Mentally Ill)*

1-800-950-NAMI (800-950-6264)

- **Mental Health America**

1-800-969-NMHA (6642)

For a referral to specific mental health service or support program in your community.

Child Abuse Hotlines

- **Child Abuse Hotline** *(L.A. Co. Dept. of Children's Services)*

1-800-540-4000

- **Child Abuse Hotline** *(Child Help USA)*

1-800-4-A-CHILD (800-422-4453)

- **Safe Place** *(Texting resource for teens in crisis/needing shelter)*

Text SAFE and your current location to the number 69866 (24/7)

LGBT Hotlines

- **GLBT National Hotline**

1-888-843-4564

Peer Counseling, information, and local resources for all ages.

- **GLBT Youth Support Line**

1-800-850-8078

Peer counseling, information, and local resources . Serving youth up to age 25.

- **Trevor Project-Talk Line** *(Suicide hotline for LGBT & Questioning youth)*

1-866-488-7386

General Crisis Support By Text Message

- **Text HOME to 741-741**

Trained counselors can discuss anything that's on your mind. Free, 24/7, confidential.

12-STEP MEETINGS

ALCOHOLICS ANONYMOUS

(323) 936-4343 or (800) 923-8722

www.laocaa.org

AL ANON *(for family/friends of Alcoholics)*

(818) 760-7122

www.alanonla.org

COCAINE ANONYMOUS

(310) 559-5833 or (888) 714-8341

www.ca4la.org

COMPULSIVE EATERS ANONYMOUS

323) 660-4333

www.ceahow.org

CRYSTAL METH ANONYMOUS

(855) 638-4373

www.crystalmeth.org

GAMBLERS ANONYMOUS

(626)960-3500

www.gamblersanonymous.org

MARIJUANA ANONYMOUS

1-800-766-6779

www.marijuana-anonymous.org

NARCOTICS ANONYMOUS

(818) 773-9999

www.na.org

NICOTINE ANONYMOUS

(415) 750-0328 or (877) 879-6422

www.nicotine-anonymous.org

OVEREATERS ANONYMOUS

(323) 653-7652

www.oalaig.org

SEX AND LOVE ADDICTS ANONYMOUS

(323) 957-4881

www.slaalosangeles.org

Substance Abuse Recovery Service Locators

SAMHSA's National Helpline

SAMHSA's National Helpline (also known as the Treatment Referral Routing Service) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental health and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

Phone Number: 1-800-662-HELP

Website: www.samhsa.gov/find-help/national-helpline

SAMSHA Buprenorphine Physician & Treatment Program Locator

Website: <http://www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator>

Los Angeles Substance Abuse Prevention and Control Service provider Locator:

Phone Number: (888) 742-7900

Website: <http://sapccis.ph.lacounty.gov/registration/providerlocator/providerdirectory2.aspx>

Free or Low Cost Substance Use Treatment in Los Angeles County

Cabrito Foundation

Website: <http://www.cabritohouse.org/>
Phone: (818)704-5175
Location: 7552 Remmet Ave Canoga Park, CA
Services: Sober living house for alcoholic men, meetings

The Salvation Army-Canoga Park

Phone: (818) 883-6321
Location: 21375 Roscoe Blvd. Canoga Park, CA
Services: Adult Rehabilitation Center

The Women's Odyssey

Website: <http://womensodyssey.org/>
Phone: (818) 998-8972
Location: 20830 Parthenia St Canoga Park, CA
Services: Women's residential treatment program

Prototypes- El Monte

Website: <https://www.prototypes.org/>
Phone: 626.444.0705
Location: 11100 Valley Boulevard, Suite 116,
El Monte, California 91731
Hours: Monday-Friday: 8AM-5PM
Services: Assessment for substance use and mental health disorders and referrals to treatment

Glendale Adventist Medical Center

Website: <https://www.adventisthealth.org/glendale/pages/services/behavioral-medicine/alcohol-and-drug-services-gaads.aspx>
Phone: (818) 242-3116
Location: 335 Mission Road Glendale CA
Services: Interventions, assessments, detoxification, day treatment, outpatient, residential, continuing care.

Tarzana Treatment Centers

Website: www.tarzanatc.org
Phone: (888)777-8565
Locations: Lancaster, Long Beach, Northridge, Palmdale, Reseda, Tarzana
Services: Substance abuse treatment, mental health, detoxification, rehabilitation, community counseling, court services, education, family services, HIV services, sober living, youth, education, medical, outpatient services

McIntyre House

Website: <http://www.mcintyrehouse.org/index.html>
Phone: 323-662-0855
Location 544 N. Kenmore Ave Los Angeles, CA
Services: Sober living home for men

Felicity House

Website: www.felicityhouse.com
Phone: (310) 837-3042
Location: 3701 Cardiff Ave Los Angeles, CA
Services: Sober living home for women

The Salvation Army-Los Angeles

Phone: (213) 622-5253
Location 809 East 5th Street Los Angeles, CA
Services: Substance abuse treatment, residential treatment, detoxification

People in Progress

Website: <http://www.pipsobberliving.org/>
Phone: (213) 384-6689
Location: 672 S. La Fayette Park Pl., Ste. 16 Los Angeles, CA
Services: Sober living home for men

Clare Foundation Inc.

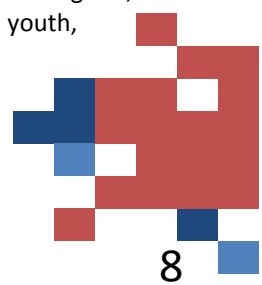
Website: <http://www.clarefoundation.org>
Phone: (310) 314-6200
Location: 909 Pico Blvd. Santa Monica, CA
Services: Residential, outpatient, sober living, prevention

Phoenix House-Venice

Website: <http://www.phoenixhouse.org/locations/california/phoenix-house-venice/>
Phone: 1 888 671 9392
Location: 503 Ocean Front Walk Venice, CA
Services: Residential, outpatient, assessment, mental health

Matrix Institute

Phone (Free Assessment): 1-800-310-7700
Website: www.matrixinstitute.org
Location: 1849 Sawtelle Blvd. Suite 100 West Los Angeles, CA
Services: Outpatient, individualized treatment, youth, meditation, continuing care, 12 step meetings



Free or Low Fee Clinics in West Los Angeles

**Venice Family Clinic-
Culver City Youth Health Center**
4401 Elenda St. Culver City, CA 90230
(310) 392-8636
www.venicefamilyclinic.org

**Venice Family Clinic-
Mar Vista Gardens Clinic**
4909 Marionwood Dr. Culver City, CA 90230
(310) 392-8636
www.venicefamilyclinic.org

**Venice Family Clinic –
Santa Monica School Teen Clinic**
601 Pico Boulevard Santa Monica, CA 90405
(310) 392-8636
www.venicefamilyclinic.org

**Venice Family Clinic –
Simms/Mann Health and Wellness Center**
2509 Pico Boulevard Santa Monica CA 90405
(310) 392-8636
www.venicefamilyclinic.org

**Venice Family Clinic –
Rose Avenue Clinic**
604 Rose Avenue Venice, CA90291
(310) 392-8636
www.venicefamilyclinic.org

Westside Family Health Center
1711 Ocean Park Blvd Santa Monica, CA 90405
(310) 450-2191
Services: Primary care, immunization, TB, HIV, pre-natal care, OB/GYN, vision screening

**Venice Family Clinic – Frederick R. Weisman
Family Center**
622 Rose Avenue Venice, CA 90291
(310) 392-8636
www.venicefamilyclinic.org

**Venice Family Clinic – Robert Levine Family
Health Center**
905 Venice Boulevard Venice, CA 90291
(310) 392-8636
www.venicefamilyclinic.org

Free or Low Fee Clinics in South Bay

**South Bay Family Health Care-
Dr. Claudia Hampton Clinic**
1091 South La Brea Ave.
Inglewood, CA 90301
(310) 330-2960
<https://www.sbfhc.org/>

Carson Wellness Center
270 East 223rd Street
Carson, CA 90745
(310) 802-6170
<https://www.sbfhc.org/>

**South Bay Family Health Care-
Gardena Clinic**
742 West Gardena Blvd.
Gardena, CA 90247
(310) 327-1357
<https://www.sbfhc.org/>

Curtis R. Tucker Health Center
123 W Manchester Blvd
Inglewood, CA 90301
310-419-5325
<http://publichealth.lacounty.gov/chs/spa8/index.htm>



Free or Low Fee Clinics in San Fernando Valley

All for health, Health for All

519 E Broadway Glendale CA 91205
(818) 409-3020

Broadway Family Medical Center

519 East Broadway Boulevard
Glendale CA 91205
(818) 409-3020

El Proyecto del Barrio

8902 Woodman Avenue
Arieta CA 91331
(818) 830-7033

El Proyecto del Barrio

20800 Sherman Way
Winnetka, CA 91306
(818) 883 – 2273

Glendale health Center

501 North Glendale Avenue
Glendale CA 91206
(818) 500-5785

Services: Adult, pediatric, OBGYN, prenatal, family planning, cancer detection

Mid-Valley Comprehensive Health Center

7515 Van Nuys Boulevard
Van Nuys, CA 91405
(818) 627-3000

<https://dhs.lacounty.gov/wps/portal/dhs/midvalley>

Mission City Community Network

15206 Parthenia Street
North Hills CA 91343
(818)895-3100

North Hollywood Health Center

5300 Tujunga Avenue
North Hollywood, CA 91601
(818) 766-3982

Northeast Valley Health Corp.

At Canoga Park Health Center
7107 Remmet Avenue
Canoga Park CA 91303
(818) 365-8086

Northeast Valley Health Corp.

12756 Van Nuys Boulevard
Pacoima CA 91331
(818) 896-0531

Northeast Valley Health Corp.

1600 San Fernando Rd.
San Fernando CA 91340
(818) 365-8086

Northeast Valley Health Corp. Valencia Health Center

23763 Valencia Blvd.
Valencia CA 91355
(661) 287 – 1551

Pacoima Health Center

13300 Van Nuys Boulevard
Pacoima CA 91331
(818) 896-1903

San Fernando Health Center

1212 Pico Street
San Fernando CA 91340
(818)837-6969
Monday – Thursday
Friday 8:00am – 4:30pm

Tarzana Treatment Center - West Valley

18646 Oxnard Street
Tarzana CA 91356
(818) 996-7019

Vaughn School Based Clinic

13330 Vaughn Street
San Fernando CA 91340
(818) 834-2679

Valley Community Clinic

6801 Coldwater Canyon Ave
North Hollywood, CA 91605
(818) 763-8836

Services: Adult, pediatric, OBGYN, optometry, dental, HIV/AIDS, family planning, counseling, tobacco cessation



Smoking Cessation Resources

- **California Smoker's Helpline:**

1-800-NO-BUTTS

<http://www.nobutts.org/>

Free telephone counseling, texting program, web-based referral, email updates

- **1-800-QuitNow**

1-800-QuitNow is a free telephone service that will link callers to a trained quit coach in their area to help them quit tobacco.

- **Become an Ex**

<http://www.becomeanex.org/>

A national campaign launched in 2008 by the National Alliance for Tobacco Cessation. Smokers can create personalized quit plans.

- **QuitNet**

<https://quitnet.meyouhealth.com/>

Provides personalized online support, phone calls with quit-smoking coach, guides, community support

- **Centers for Disease Control and Prevention:**

<http://www.smokefree.gov/>

How to Quit, Useful Resources to Quit Smoking

<http://www.cdc.gov/tobacco/how2quit.htm>

You Can Quit Smoking

http://www.cdc.gov/tobacco/quit_smoking/how_to_quit/you_can_quit/index.htm

Tips from Former Smokers

<http://www.cdc.gov/tobacco/campaign/tips/> National Cancer Institute: