

**Curriculum Vitae**  
**Lindsay R. Meredith, MA, CPhil**  
Department of Psychology  
University of California, Los Angeles  
*lindsaymeredith@g.ucla.edu -- (937) 243-4204*

## **EDUCATION**

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- University of California, Los Angeles (UCLA),** Los Angeles, CA 2018 - Present  
***Doctoral Student in Clinical Psychology***  
Minor in Quantitative Psychology  
Dissertation Title: *Immune Treatments for Alcohol Use Disorder: Translational Literature Review and Exploration of Clinical Mechanisms*  
Committee Chair: Lara A. Ray, PhD  
Committee Members: Craig Enders, PhD, Annette Stanton, PhD, and Steven Shoptaw, PhD
- University of California, Los Angeles, Los Angeles, CA** 2018 - 2019  
***Master of Arts (MA), Clinical Psychology***  
Thesis Title: *Neurocognitive Performance in Alcohol Use Disorder: Role of Severity and Sex Differences*  
Advisor: Lara A. Ray, PhD
- Miami University, Oxford, OH** 2011 - 2014  
***Bachelor of Arts (BA), Psychology, Cum Laude with University Honors***  
Minor in Neuroscience

## **HONORS AND AWARDS**

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- Nancy M. Biram Research Fund in Life Sciences (\$6,000), UCLA Dept. of Psychology 2022  
Charles Y. Nakamura Research, Teaching & Mentorship Award, UCLA Clinical Area 2022  
Pritzker Graduate Scholar Award (\$30,000 + tuition), UCLA Dept. of Psychology 2021 - 2022  
Student Merit Award, Research Society on Alcoholism 2019 & 2022  
Graduate Research Mentorship Fellowship (\$20,000 + tuition), UCLA Graduate Division 2020 - 2021  
Graduate Summer Research Mentorship Fellowship (\$6,000), UCLA Graduate Division 2019 & 2020  
Enoch Gordis Research Award Finalist, Research Society on Alcoholism 2020  
Predoctoral Fellowship, UCLA Translational Neuroscience of Drug Abuse Program, 2019 - 2020  
National Institute on Drug Abuse (NIDA- NIH T32, PI: Dr. Edythe London; \$34,416)  
Psychology Fellowship (\$21,000 + tuition), UCLA Dept. of Psychology 2018 - 2019  
Brain Video Awareness Contest Winner: Honorable Mention, Society for Neuroscience 2018  
Research Experience for Undergraduates Fellowship (\$4,000), National Science Foundation (NSF) 2014  
Scholarly Activities Grant (\$800), Miami University Honors Program 2014  
Doctoral Undergraduate Opportunity Scholarship (\$750), Miami University Office of Research 2013

## **RESEARCH SUPPORT**

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- NIH F31AA029295** **Meredith (PI)**  
Funding Agency: National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
Ruth. L. Kirschstein National Research Service Award (NRSA) Predoctoral Fellowship  
Title: *Neuroimmune Treatment for AUD: Testing Moderators of Clinical Response and Mechanisms of Action*  
Role: PI Direct Costs: \$41,406 Project Period: 06/2022- 06/2023

**PEER-REVIEWED PUBLICATIONS**

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1. Grodin, E. N., **Meredith, L. R.**, Burnette, E. M., Miotto, K., Irwin, M. R., & Ray, L. A. (2022) Baseline CRP Levels are Predictive of Treatment Response to a Neuroimmune Modulator in Alcohol Use Disorder: A Preliminary Study. *The American Journal and Drug and Alcohol Abuse*. PMID: 36282988
2. Grodin, E. N., Nieto, S. J., **Meredith, L. R.**, Burnette, E., O'Neill, J., Alger, J., London, E. D., Miotto, K., Evans, C., Irwin, M. R. & Ray, L. A. (2022). Effects of ibudilast on central and peripheral markers of inflammation in alcohol use disorder: Randomized clinical trial. *Addiction Biology*. PMID: 35754106
3. **Meredith, L. R.**, Grodin, E. N., Montoya, A. K., Miranda, R. Jr., Squeglia, L. M., Towns, B., Evans, C., & Ray, L. A. (2022). The effect of neuroimmune modulation on subjective response to alcohol in the natural environment. *Alcoholism: Clinical and Experimental Research*. PMID: 35362101
4. Burnette, E. M., Nieto, S. J., Grodin, E. N., **Meredith, L. R.**, Hurley, B., Miotto, K., Gillis, A. J., & Ray, L. A. (2022). Novel agents for the pharmacological treatment of alcohol use disorder. *Drugs*, 82(3): 251-274. PMCID: PMC8888464
5. **Meredith, L. R.**, Baskerville, W. A., Friedman, T. C., Hurley, B., Dixon, T., Mtume, N., Rodriguez, L., Lopez, B., Hsieh, S. & Ray, L. A. (2021). Safety net provider attitudes toward smoking cessation treatment. *Frontiers in Psychiatry*, 12: 744816. PMCID: PMC8505698
6. **Meredith, L. R.**, Grodin, E. N., Karno, M. P., Montoya, A. K., MacKillop, J., Lim, A. C. & Ray, L. A. (2021). Preliminary study of alcohol problem severity and response to brief intervention. *Addiction Science & Clinical Practice*, 16(1): 54. PMCID: PMC8386030
7. Venegas, A., Donato, S., **Meredith, L. R.**, & Ray, L. A. (epub 2021). Understanding low treatment seeking rates for alcohol use disorder: A narrative review of the literature and opportunities for improvement. *The American Journal of Drug and Alcohol Abuse*, 47(6): 664-679. PMID: 34464542
8. **Meredith, L. R.**, Burnette, E., Grodin, E. N., Irwin, M. R., & Ray, L. A. (2021). Immune treatments for alcohol use disorder: A translational framework. *Brain, Behavior, and Immunity*, 97: 349-364. PMID: 34343618
9. Ray, L. A., Green, R., Enders, C., Leventhal, A. M., Grodin, E. N., Li, G., Lim, A. C., Hartwell, E., Venegas, A., **Meredith, L. R.**, Nieto, S., Shoptaw, S. & Miotto, K. (2021). Efficacy of combining varenicline and naltrexone for smoking cessation and drinking reduction: A randomized clinical trial. *The American Journal of Psychiatry*, 178(9): 818-828. PMID: 34080890
10. **Meredith, L. R.**, Green, R., Grodin, E. N., Chorpita, M., Miotto, K. & Ray, L. A. (2022). Ibudilast moderates the effect of mood on alcohol craving during stress exposure. *Experimental and Clinical Psychopharmacology*. PMID: 36102596
11. **Meredith, L. R.**, Lim, A. C., & Ray, L. A. (2020). Neurocognitive performance in alcohol use disorder using the NIH Toolbox: Role of severity and sex differences. *Drug and Alcohol Dependence*, 216: 108269. PMCID: PMC7972314
12. **Meredith, L. R.**, Maralit, A. M., Rivers, S. L., Thomas, S. E., Salazar, C. A., Anton, R. F., Tomko, R. L. & Squeglia, L. M. (2020). Piloting of the Just Say Know prevention program: A psychoeducational

- approach to translating the neuroscience of addiction to youth. *The American Journal of Drug and Alcohol Abuse*, 47(1): 16-25. PMID: PMC8881946
13. Venegas, A., **Meredith, L. R.**, Green, R., Cooper, Z. D., & Ray, L. A. (2020). Sex-dependent effects of alcohol administration on the urge to use cannabis. *Experimental and Clinical Psychopharmacology*, 29(6): 689-695. PMID: PMC8409139
  14. Ray, L. A., **Meredith, L. R.**, Kiluk, B. D., Walthers, J., Carroll, K. M., & Magill, M. (2020). Combined pharmacotherapy and Cognitive Behavioral Therapy for adults with alcohol or substance use disorders: A systematic review and meta-analysis. *JAMA Network Open*, 3(6), e208279. PMID: PMC7305524
  15. Lim, A. C., Green, R., Grodin, E. N., Venegas, A., **Meredith, L. R.**, Donato, S., Burnette, E., & Ray, L. A. (2020). Alcohol cue-induced ventral striatum activity predicts subsequent alcohol self-administration. *Alcoholism: Clinical and Experimental Research*, 44(6), 1224–1233. PMID: PMC7336863
  16. Venegas, A., **Meredith, L. R.**, Cooper, Z. D., Towns, B., & Ray, L. A. (2020). Inclusion of cannabis users in alcohol research samples: Screening in, screening out, and implications. *Alcohol and Alcoholism*, 55(4), 416–423. PMID: PMC7307319
  17. Lim, A. C., Grodin, E. N., Green, R., Venegas, A., **Meredith, L. R.**, Courtney, K. E., Moallem, N. R., Sayegh, P., London, E. D., & Ray, L. A. (2020). Executive function moderates naltrexone effects on methamphetamine-induced craving and subjective responses. *The American Journal of Drug and Alcohol Abuse*, 46(5), 565-576. PMID: PMC7920534
  18. Lees, B., **Meredith, L. R.**, Kirkland, A. E., Bryant, B. E., & Squeglia, L. M. (2020). Effect of alcohol use on the adolescent brain. *Pharmacology, Biochemistry, and Behavior*, 192, 172906. PMID: PMC7183385
    - Part of 2021 special issue ‘Adolescent Drug Addiction’
  19. Ray, L. A., Du, H., Grodin, E. N., Bujarski, S., **Meredith, L. R.**, Ho, D., Nieto, S. J., & Wassum, K. M. (2020). Capturing habitualness of drinking and smoking behavior in humans. *Drug and Alcohol Dependence*, 207, 107738. PMID: PMC8063853
  20. Wade, N. E., Bagot, K. S., Cota, C. I., Fotros, A., Squeglia, L. M., **Meredith, L. R.** & Jacobus, J. (2019). Orbitofrontal cortex volume prospectively predicts cannabis and other substance use onset in adolescents. *Journal of Psychopharmacology*, 33(9), 1124–1131. PMID: PMC6864237
  21. Karoly, H. C., Schacht, J. P., Jacobus, J., **Meredith, L. R.**, Taylor, C. T., Tapert, S. F., Gray, K. M., & Squeglia, L. M. (2019). Preliminary evidence that Computerized Approach Avoidance Training is not associated with changes in fMRI cannabis cue reactivity in non-treatment-seeking adolescent cannabis users. *Drug and Alcohol Dependence*, 200, 145-152. PMID: PMC6635134
  22. Karoly, H. C., Schacht, J. P., **Meredith, L. R.**, Jacobus, J., Tapert, S. F., Gray, K. M., & Squeglia, L. M. (2019). Investigating a novel fMRI cannabis cue reactivity task in youth. *Addictive Behaviors*, 89, 20-28. PMID: PMC6309857
  23. Jacobus, J., Taylor, C. T., Gray, K. M., **Meredith, L. R.**, Porter, A., Li, I., Castro, N., & Squeglia, L. M. (2018). A multi-site proof-of-concept investigation of computerized Approach Avoidance Training in adolescent cannabis users. *Drug and Alcohol Dependence*, 187, 195-204. PMID: PMC6053264

24. Hudspeth, S. G., **Meredith, L. R.**, & Richardson, J. D. (2015). The promise of learning potential assessment to predict outcomes in adults with and without stroke. *Ohio Speech Language Hearing Association Journal (eHearsay)*, 5, 75-85 (aphasia-friendly 222-226).

## BOOK CHAPTERS

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1. +Grodin, E. N., +**Meredith, L. R.**, Burnette, E. M., & Ray, L. A. (in press). Brain-Immune Mechanisms in Alcohol Addiction. In S. Mueller & M. Heilig (Eds.), *Alcoholism and Alcohol-related Disorders*, New York, NY: Springer  
+ Equal contributors
2. **Meredith, L. R.** & Squeglia, L. M. (2020). The adolescent brain: Predictors and consequences of substance use. In A. L. Begun & M. Murray (Eds.), *The Routledge Handbook of Social Work and Addictive Behaviours*. Abingdon, UK: Routledge.

## MANUSCRIPTS IN PREPARATION

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1. **Meredith, L. R.**, Burnette, E. M., Nieto, S. J., Donato, S., Du, H., Magill, M. & Ray, L. A. (in prep) Testing pharmacotherapies for alcohol use disorder with cue exposure paradigms: A systematic review of human laboratory trial design and analysis.
2. **Meredith, L. R.**, Hall, B. S., Lee, C., Grodin, E. N., Wassum, K. & Ray, L.A. (in prep). Leveraging daily diary methods in alcohol use disorder: Influence of real-world cue exposure and mood on drinking.
3. **Meredith, L. R.**, Hurley, B., Friedman, T. C., Lee, M. L., Dixon, T., Rodriguez, L., Mtume, N., Lopez, B., Hsieh, S. & Ray, L. A. (in prep). Implementation of specialty tobacco use disorder services (STUDS) in a community health setting: Support for enhanced prescription practices.

## ORAL PRESENTATIONS

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### -National Conferences-

1. Ray, L. A. Irwin, M., Shoptaw, S., Grodin, E. N., Nieto, S. J., **Meredith, L. R.**, Gillis, A., Miotto, K. (2023, June). *Ibudilast for the treatment of alcohol use disorder: A randomized controlled trial*. Abstract submitted for oral presentation at the Research Society on Alcoholism Annual Meeting, Bellevue WA.
2. Grodin, E. N., **Meredith, L. R.**, Burnette, E., Irwin, M. R. & Ray, L. A. (2021, November). *Baseline inflammatory biomarker levels are associated with drinking outcomes in a randomized controlled trial of Ibudilast*. Virtual oral presentation for the 2021 NIDA-NIAAA Mini-Convention: Frontiers in Addiction Research.
3. Ho, D., Du, H., Grodin, E. N., Bujarski, S., **Meredith, L. R.**, Nieto, S., Wassum, K. & Ray, L. A. (2020, March). *Capturing habitualness of drinking and smoking behavior in humans*. Virtual oral presentation for the 2021 Collaborative Perspectives on Addiction Meeting, Portland, OR.
4. **Meredith, L. R.**, Maralit, A. M., Rivers, S. L., Anton, R. F., & Squeglia, L. M. (2020, November). *A psychoeducational approach to translating the neuroscience of addiction: Piloting the Just Say Know Prevention Program*. Virtual oral presentation for the International Society of Addiction Medicine, Victoria, BC, Canada.
5. **Meredith, L. R.**, Ray, L. A., Kiluk, B. D., Walthers, J., Carroll, K. M. & Magill, M. (2020, June). *Optimizing addiction treatment through combination pharmacotherapy and Cognitive Behavioral Therapies: A meta-analysis*. Virtual oral presentation at Research Society on Alcoholism's Enoch Gordis Award Paper Session, New Orleans, LA.

6. Squeglia, L. M., Taylor, C. T., Gray, K. M., **Meredith, L. R.**, Porter, A., Li, I., Castro, N. & Jacobus, J. (2018, June). *The effect of cognitive bias modification on adolescent cannabis and alcohol use: A multi-site investigation*. Oral presentation at the Research Society on Alcoholism Annual Meeting, San Diego, CA.
7. Squeglia, L. M., Schacht, J. P., Jacobus, J., **Meredith, L. R.**, Tapert, S.F., & Gray, K. M. (2017, June). *Examining cognitive bias modification as a potential treatment for marijuana using youth*. Oral presentation at Research Society on Alcoholism Meeting, Denver, CO.

#### -Regional Conferences-

1. \*Lee, C., **Meredith, L. R.** & Ray, L. A. (2021, May). *Cue reactivity for alcohol use disorder: A daily diary study on cue exposure and drinking in naturalistic settings*. Virtual oral presentation at UCLA's Undergraduate Research Week Showcase, Los Angeles, CA.
  2. \*Montes, M., **Meredith, L. R.** & Ray, L. A. (2020, May). *A moderated mediation analysis: Effect of negative mood-induced craving and biological sex on heavy drinking days*. Virtual oral presentation at UCLA's Undergraduate Research Week Showcase, Los Angeles, CA.
  3. **Meredith, L. R.**, Tomko, R. L., Gray, K. M. & Squeglia, L. M. (2017, March). *Predictors of problematic marijuana use in treatment and non-treatment seeking adolescents*. Oral presentation at MUSC's Pediatric Research Day, Charleston, SC.
  4. **Meredith, L. R.**, Harlow, T. L., Hudspeth, S. G., Luke, S. & Richardson, J. D. (2014, August). *Are eye-movements during paragraph reading affected by low-dosage transcranial direct current stimulation (tDCS)?* Oral presentation at University of South Carolina's Cognitive Neuroscience Program, Columbia, SC.
- \* Oral presentation by mentee

#### POSTER PRESENTATIONS

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1. **Meredith, L. R.**, Lee, C., Enders, C., Grodin, E. N. & Ray, L.A. (2022, December). *Leveraging daily diary methods in alcohol use disorder: Influence of real-world cue exposure on drinking*. Poster presented at the American College of Neuropsychopharmacology Annual Meeting, Phoenix, AZ.
2. Grodin, E. N., **Meredith, L. R.**, Burnette, E. M., Miotto, K., Irwin, M. R., & Ray, L. A. (2022, December). *Baseline inflammatory biomarker levels are associated with drinking outcomes in a randomized controlled trial of ibudilast*. Poster presented at the American College of Neuropsychopharmacology Annual Meeting, Phoenix, AZ.
3. Burnette, E. M., **Meredith, L. R.**, Nieto, S. J., Du, H., Donato, S., Becker, H., Magill, M. & Ray, L. A. (2022, December). *Pharmacotherapy effects on alcohol cue-reactivity in the human laboratory: A systematic review*. Poster presented at the American College of Neuropsychopharmacology Annual Meeting, Phoenix, AZ.
4. **Meredith, L. R.**, Grodin, E. N., Montoya, A. K., Miranda, R., Squeglia, L. M. & Ray, L. A. (2022, June). *The effect of ibudilast on daily naturalistic reporting of subjective response to alcohol*. Poster presented at the Research Society on Alcoholism Annual Meeting, Orlando, FL.
5. Burnette, E., Grodin, E. N., **Meredith, L. R.**, Irwin, M. R. & Ray, L. A. (2022, June). *Inflammation in alcohol use disorder: A preliminary investigation of the clinical significance of C-Reactive Protein*. Poster presented at the Research Society on Alcoholism Annual Meeting, Orlando, FL.

6. **Meredith, L. R.**, Montoya, A. K., Grodin, E. N., Miranda, R., Squeglia, L. M. & Ray, L. A. (2021, December). *Assessing the effect of neuroimmune modulation on subjective response to alcohol in the natural environment*. Poster presented at the American College of Neuropsychopharmacology Annual Meeting, San Juan, PR.
7. **Meredith, L. R.**, Green, R., Grodin, E. N. & Ray, L. A. (2021, June.). *Ibudilast modulates the relationship between mood and craving following stress exposure in a clinical sample with AUD*. Virtual poster presented at Research Society on Alcoholism Annual Meeting, San Antonio, TX.
8. **Meredith, L. R.**, Ray, L. A., Kiluk, B. D., Walthers, J., Carroll, K. M. & Magill, M. (2020, June). *Optimizing addiction treatment through combination pharmacotherapy and cognitive behavioral therapies: A meta-analysis*. Virtual poster presented at Research Society on Alcoholism's Enoch Gordis Award Poster Session.
9. **Meredith, L. R.**, Lim, A. C. & Ray, L. A. (2020, June). *Neurocognitive performance in alcohol use disorder: Role of severity and sex differences*. Virtual poster for Research Society on Alcoholism Annual Meeting.
10. Venegas, A., **Meredith, L. R.**, Green, R., Cooper, Z. D. & Ray, L. A. (2020, June). *Sex-dependent effects of alcohol administration on the urge to use cannabis*. Virtual poster for Research Society on Alcoholism Annual Meeting.
11. Rowley, A., **Meredith L. R.** Schacht, J. P. (2019, July). *The dorsolateral prefrontal cortex's role in error processing and impulse control for AUD and non-AUD individuals: Evidence from neuroimaging and behavioral tasks*. Poster presented at MUSC's Drug Abuse Research Training Day, Charleston, SC.
12. **Meredith, L. R.**, Gillis, A., Miotto, K. Ray, L. A. (2019, June). *Daily reporting of adverse events for ibudilast, a neuroimmune modulator*. Poster presented at Research Society on Alcoholism Annual Meeting, Minneapolis, MN.
13. Lim, A. C., Towns, B., Grodin, E., Venegas, A., **Meredith, L. R.** & Ray, L.A. (2019, June). *Executive function factor predicts effects of naltrexone on subjective response to methamphetamine infusion*. Poster presented at American Academy of Clinical Neuropsychology Conference, Chicago, IL.
14. \*Widmaier, K., **Meredith, L. R.** & Ray, L. R. (2019, May). *Impulsivity and subjective response to alcohol in heavy drinking smokers*. Poster presented at UCLA's Neuroscience Poster Day, Los Angeles, CA.
15. Jacobus, J., Taylor, C. T., Gray, K. M., **Meredith, L. R.**, Porter, A., Li, I., Castro, N., & Squeglia, L. M. (2018, August). *The role of learning and memory in cognitive bias modification for adolescent marijuana users*. Poster presented at American Psychological Association Annual Conference, San Francisco, CA.
16. **Meredith, L. R.**, Schacht, J. P. & Squeglia, L. M. (2017, June). *The effect of alcohol use on marijuana cue reactivity in adolescent marijuana and alcohol users* (2017, June). Poster presented at Research Society on Alcoholism Annual Meeting, Denver, CO.
17. **Meredith, L. R.**, Prisciandaro, J. J., Voronin, K. E., Anton, R. F. & Schacht, J. P. (2016, June). *Relationships between behavioral impulsivity and white matter microstructure in young adults with alcohol dependence*. Poster presented at the Research Society on Alcoholism Annual Meeting, New Orleans, LA.
18. **Meredith, L. R.**, Schacht, J. P., Henderson, S. & Squeglia, L. M. (2016, March). *Development of fMRI visual marijuana cue reactivity task for regular adolescent marijuana users*. Poster presented at MUSC's Pediatric Research Day, Charleston, SC.

19. **Meredith, L. R.**, Harlow, T. L., Hudspeth, S. G., Luke, S. & Richardson, J. D. (2014, July). *Are eye-movements during paragraph reading affected by low-dosage transcranial direct current stimulation (tDCS)?* Poster presented at University of South Carolina's Summer Research Symposium, Columbia, SC.
20. Zhou, L., **Meredith, L. R.** & Thomas, R.D. (2014, May). *The ERP correlates of proactive interference under and around working memory capacity.* Poster presented at Association of Psychological Science Annual Convention, San Francisco, CA.
- \*Poster presentation by mentee

## RESEARCH EXPERIENCE

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- Graduate Research Assistant** 2021 - Present  
Addictions Lab, Department of Psychology, **UCLA**  
Principal Investigator: Lara A. Ray, PhD
- Determine eligibility of studies for NIH-funded meta-analysis project. Code full-text manuscripts and enter study data. Identify discrepancies between coders and assist with reaching consensus.
  - Consult with expert collaborators in quantitative psychology and meta-analytic methodology.
- Project Coordinator and Study Clinician** 2018 - 2019  
Addictions Lab, Department of Psychology, **UCLA**  
Principal Investigator: Lara A. Ray, PhD
- Managed IRB projects, created study materials, and trained research assistants. Completed neurocognitive testing & clinical interviewing using the NIH Toolbox, SCID-5, CIWA-AR & TLFB.
- Program Coordinator** 2015 - 2018  
Addiction Sciences Division, Department of Psychiatry, **Medical University of South Carolina**  
Principal Investigators: Joseph Schacht, PhD, Lindsay Squeglia, PhD & Kevin Gray, MD
- Led recruitment & screening efforts, collected biological samples, and assisted with multimodal MRI acquisition for studies recruiting adults with heavy drinking patterns and AUD. Managed IRB applications & regulatory activities. Created REDCap projects and surveys, analyzed behavioral data, and conducted neuropsychological assessments and clinical interviews.
  - Site coordinator for the Adolescent Brain Cognitive Development (ABCD) Study. Hired & managed team of 10+ research assistants for NIH-funded studies. Led recruitment, screening & retention efforts. Handled purchasing & IRB projects and assisted with grant preparation. Managed pilot clinical trials of behavioral and pharmacological interventions for young adults with substance use.
- Research Assistant** 2014  
Family Relationships and Mood Lab, **Miami University**  
Principal Investigator: Aaron Luebke, PhD
- Consented participants, collected data (videos, surveys, saliva), and coded videos of family visits.
- Summer Research Student Fellow, NSF Research Experience for Undergraduates (REU) Program** 2014  
Neuroscience of Rehabilitation Lab, **University of South Carolina**  
Principal Investigator: Jessica Richardson, PhD
- Transcribed videos of speech, handled eye-tracking & transcranial direct current stimulation (tDCS) equipment, and completed data project.

**Research Assistant**

2013 - 2014

Center for Human Psychophysiology, **Miami University**Principal Investigator: Robin D. Thomas, PhD

- Ran study visits using 256-channel dense array electroencephalogram (EEG), entered behavioral data, and ran analyses.

**CLINICAL EXPERIENCE**

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**Advanced Student Therapist, UCLA Psychology Clinic**

2021 - Present

Licensed Supervisors: Jayson Mystkowski, PhD, Jadah Petty, PhD, Alyson DiRocco, PsyD, & Danielle Keenan-Miller, PhD

- Conduct weekly individual therapy sessions using evidence-based treatments with adult clients presenting with a range of anxiety disorders and trauma-related disorders.
- Complete clinical reports detailing case conceptualization, diagnoses, and treatment plan.
- Co-lead a weekly 90-minute Dialectical Behavior Therapy (DBT) skills groups with adult clients presenting with personality and mood disorders.
- Modalities: Cognitive Processing Therapy (CPT), Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), and DBT.

**Research Clinician, Assessor, & Peer Supervisor (2022), UCLA Addictions Lab**

2020 - Present

Licensed Supervisor: Lara A. Ray, PhD

- Conduct assessments for heavy drinking & smoking individuals, including the Timeline FollowBack (TLFB) interview, Clinical Institute Withdrawal Assessment for Alcohol Scale (CIWA-AR), the Structured Clinical Interview for DSM-5 (SCID-5), Mini-International Neuropsychiatric Interview (MINI), Columbia Suicide Severity Rating Scale (C-SSRS), and the NIH Toolbox- Cognition Battery.
- Perform brief alcohol intervention utilizing Motivational Interviewing, psychoeducation, and personalized feedback with participants following a medication-assisted practice quit-attempt.
- Supervise graduate students and staff conducting SCID-5 & MINI diagnostic interviews under licensed psychologist.

**Student Therapist & Peer Therapy Supervisor (2022), UCLA CBT for AUD Clinic**

2019 - Present

Licensed Supervisor: Lara A. Ray, PhD

- Conduct semi-structured intakes that include collection of urine drug screen and breath samples.
- Conduct individual therapy sessions with adult clients presenting with alcohol and other substance use disorder (AUD/ SUDs).
- Serve as peer supervisor to early-stage clinical graduate students on adult AUD cases. Teach therapeutic orientation & observe sessions. Help with session planning, conceptualization, and notes.
- Modalities: Motivational Interviewing (MI) & CBT.

**Neuropsychological Assessment Peer Supervisor, UCLA Psychology Clinic**

2021 - 2022

Licensed Supervisor: Philip Sayegh, MPH, PhD

- Served as student supervisor to early-stage clinical graduate students on adolescent and adult neuropsychological assessment cases. Attended weekly supervision of supervision meetings.
- Held weekly peer supervision meetings. Observed intake and feedback sessions. Assisted with test battery design, reviewed clinical notes & video recordings, and provided feedback on full report.

**Practicum Therapist, UCLA Addiction Psychiatry Clinic**

2021 - 2022

Licensed Supervisor: Lara A. Ray, PhD



- Co-facilitated controlled drinking workshop. Attended didactics with psychiatry residents and faculty.
- Co-facilitated Telehealth group for individuals with SUDs and co-morbid depression.
- Modalities: MI & CBT.

**Practicum Therapist, Sepulveda Ambulatory Care Center, Dept. of Veterans Affairs** 2020 - 2021

Licensed Supervisors: Melissa Lewis, PhD & Leela Farina, PhD, **Track**: Addictive Behaviors Clinic (ABC)

- Led weekly early recovery group and emotions management therapy group for intensive outpatient program (IOP) in the ABC. Attended clinic meetings with multidisciplinary providers.
- Completed chart review and substance use & mental health intake interviews. Compiled clinical reports detailing presenting concerns, mental health diagnoses, and treatment plan with referrals.
- Conducted individual therapy sessions for middle and older adult Veterans with a range of SUDs.
- Modalities: Matrix Model, MI, CBT, & DBT.

**Student Therapist, UCLA Psychology Clinic** 2019 - 2020

Licensed Supervisors: Michelle Feng, PhD, Anna Lau, PhD & Joyce Lui, PhD

- Conducted individual therapy sessions with adult and child clients & families. Closely supervised and trained by child mental health providers.
- Completed quarterly clinical reports detailing case conceptualization, diagnoses, and treatment plan.
- Modalities: CBT & Parent-Child Interaction Therapy (PCIT).

**Intake Interviewer, UCLA Psychology Clinic**

Licensed Supervisors: Philip Sayegh, MPH, PhD & Annette Swain, PhD

2019 - 2020

- Conducted and observed adult intake interviews with a team of training clinicians. Wrote clinical reports detailing clinical presentation, case conceptualization, cultural factors, and diagnoses.

**Neuropsychological Assessor, UCLA Psychology Clinic**

2019

Licensed Supervisors: Philip Sayegh, MPH, PhD & Lydia Kim, PsyD

- Conducted comprehensive psychodiagnostic and neuropsychological assessments with adults and children to assess mood, learning disorders, and attention-deficit/hyperactivity disorder (ADHD).
- Compiled psychoeducational assessment report including presenting concerns, history, assessment results, diagnoses, and clinical recommendations. Provided feedback to clients and families.

**Research Assessor (Post-Bacc), Medical University of South Carolina (MUSC)**

2015 - 2018

Licensed Supervisors: Joseph Schacht, PhD & Lindsay Squeglia, PhD

- Conducted 125+ assessments for adults with heavy drinking, including TLFB, CIWA-AR, and the Wechsler Abbreviated Scale of Intelligence (WASI-II).
- Conducted 50+ assessments for adolescents & young adults with heavy alcohol and cannabis use, including TLFB, MINI, and Delis-Kaplan Executive Function System (D-KEFS) subtests.
- Conducted 20+ Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS) interviews with guardians of 9 to 11 year-old children as part of national brain & cognitive development study.

## **TEACHING EXPERIENCE**

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**Teaching Associate, Department of Psychology, UCLA**

Summer 2021

Psychology of Addiction, PSYCH 162 (*Undergraduate*), Professor: Steven Nieto, PhD

- Graded scientific peer review assignment. Held virtual drop-in hours & provided feedback on posts.

**Teaching Assistant, Department of Psychology, UCLA**

Fall 2020

Clinical Psychology Laboratory, PSYCH 126 (*Undergraduate*), Professor: Bita Mesri, PhD

- Co-led four interactive lab-based lectures on statistical analysis in SPSS. Created and led discussion for in-class exercises. Developed rubrics and graded written assignments. Held virtual drop-in hours.

**Teaching Assistant**, Department of Psychology, **UCLA**

Spring 2020

Clinical Research Laboratory, PSYCH 271F (*Graduate*), Professor: Cindy Yee-Bradbury, PhD

- Coordinated student observations of structured diagnostic interviews and provided brief training.

**Guest Lecturer**, Department of Psychology, **UCLA**

Fieldwork in Psychology, PSYCH 194 (*Undergraduate*), Professor: Rena Repetti, PhD

Winter 2020

- Provided 30-minute lecture on the etiology, development, and treatment of substance use disorders.

**Teaching Assistant**, Department of Psychology, **UCLA**

Fall 2018

Introductory Psychology, PSYCH 10 (*Undergraduate*), Professor: Melissa Paquette-Smith, PhD

- Graded weekly assignments, exams, and final research papers. Proctored exams & held office hours.

## **MENTORING EXPERIENCE**

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**Graduate Student Mentor**, The Undergraduate Research Journal of Psychology, **UCLA**

2022

- Provided one-on-one mentorship and oversaw review process for submitted manuscripts.
- Co-facilitated panels & workshops on graduate school and research opportunities.

**Research Mentor**, **UCLA Addictions Lab**, PI: Lara A. Ray, PhD

2018 - 2021

- Mentored undergraduate psychology & neuroscience students on independent research projects.
- Facilitated RA meetings on professional development & addiction science.
- Coordinated recruitment of RAs and established expectations for remote mentoring during COVID-19 pandemic university shutdown.

## **AD-HOC JOURNAL CO-REVIEWER**

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*-Alcoholism: Clinical and Experimental Research- -Annals of Behavioral Medicine- -Drug and Alcohol Dependence-  
-JAMA Psychiatry- -Pediatrics- -Psychology of Addictive Behaviors- -The Journal of Primary Prevention-*

## **PROFESSIONAL MEMBERSHIPS**

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Society of Addiction Psychology- APA Division 50, Student Member

Research Society on Alcoholism (RSA), Student Member

## **PROFESSIONAL TRAINING**

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Foundations in Clinical Psychology: Addiction Diagnosis and Treatment Seminar, Instructor: Lara Ray, PhD

Managing and Adapting Practice (MAP) Direct Service Training, Instructor: Bruce Chorpita, PhD

UCLA's Center for Cognitive Neuroscience MRI Safety and Operations Training

Collaborative Institute Training Initiative (CITI)

Columbia Suicide Severity Rating Scale (C-SSRS)