

Wave-Ananda Baskerville, M.A., C.Phil.
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EDUCATION

- 2021-Present University of California, Los Angeles, Los Angeles, CA
Doctoral Student, Clinical Psychology (5th Year)
PhD, Expected 2027
Advisor: Lara Ray, PhD
- December 2022 University of California, Los Angeles, Los Angeles, CA
Master of Arts (M.A.) in Psychology
Thesis Title: *Effects of Sleep Quality on Alcohol Use During a Quit Attempt*
Advisor: Lara Ray, PhD
- June 2018 University of California, Los Angeles, Los Angeles, CA
Bachelor of Arts (B.A.) in Communication Studies, Summa Cum Laude
Minor in Applied Developmental Psychology
Overall GPA: 3.95
College Honors
Departmental Highest Honors
Undergraduate Honors Thesis: *Undergraduate Participation in Controversial Class Discussions*
Undergraduate Thesis Advisor: Steven Peterson, Ph.D.

HONORS AND AWARDS

- 2025 Student Merit Award, Research Society on Alcohol (\$250)
- 2024 Charles Y. Nakamura Research, Training, and Mentorship Award, UCLA
- 2024 Clinical Scientist Award, UCLA
- 2024 Nancy Biram Fellowship Award (\$6,000), UCLA
- 2024 Student Merit Award, Research Society on Alcohol (\$50)
- 2023 Graduate Summer Research Mentorship, UCLA Graduate Division (\$6,000)
- 2023 Student Merit Award, Research Society on Alcohol (\$300)
- 2022 – 2023 Graduate Research Mentorship, UCLA Graduate Division (\$20,000)
- 2022 Graduate Summer Research Mentorship, UCLA Graduate Division (\$6,000)
- 2022 Student Merit Award, Research Society on Alcoholism (\$300)
- 2022 Honorable Mention, Predoctoral Fellowship, Ford Foundation
- 2021 UCLA *Competitive Edge* Graduate Summer Research Program, UCLA Graduate Division
- 2021 Student Merit Award, Research Society on Alcoholism (\$300)
- 2021 – Present Eugene V. Cota-Robles Fellowship, UCLA Graduate Division (\$30,000)
- 2021 – 2023 Edwin W. Pauley Fellowship, UCLA College of Letters and Science (\$30,000)
- 2020 – 2021 NIH Diversity Supplement Awardee, National Institute on Alcohol Abuse and Alcoholism (NIAAA)
- 2019 Student Merit Award, Research Society on Alcoholism (\$300)
- 2018 Marde Gregory Award for Excellence in Research and Scholarship, UCLA
- 2018 Communications Department Selected Honors Research Oral Presenter, UCLA
- 2017 – 2018 Undergraduate Research Fellows Program, UCLA
- 2017 – 2018 Communications Departmental Honors Program, UCLA
- 2016 – 2018 College Letters and Sciences Dean's Honors List, UCLA
- 2016 – 2018 College Honors, UCLA
- 2016 – 2018 Alumni Scholars Program Recurring Scholarship, UCLA

GRANT FUNDING

Current Research Support

NIH, NRSA, National Institute on Alcohol Abuse and Alcoholism (NIAAA)

1F31AA031914-01 Baskerville, W. (PI) Ray, L.A. & Grodin, E.N. (Co-Sponsors) 09/2024 – 09/2026

This training grant supported my training in addictions research, specifically translational neuroscience. I sought to test hypotheses derived from prominent neurobiological models of addiction in a sample of individuals with AUD. The specific aims of the study are as follows: (1) to test the effects of negative mood and cue exposure on same-day alcohol craving and alcohol use; (2) to test the predictive effects of the allostatic model and incentive sensitization model on longitudinal alcohol use; and (3) explore sex as a moderator of the relationship between negative mood and cue-reactivity. This grant supported my research training and professional development under the mentorship of Drs. Lara Ray and Erica Grodin.

Funding Agency: National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Role: Predoctoral Trainee

Past Research Support

NIH, T32, National Institute of Drug Addiction (NIDA)

T32DA24635 Ray, L. A. (PI) 10/2023 – 6/2024

This training grant provides me with the integrative knowledge base needed to conduct bidirectional transitional studies. This grant supported my research training and professional development under the mentorship of Drs. Lara Ray, Erica Grodin, and Kate Wassum.

Funding Agency: National Institute of Drug Addiction (NIDA)

Role: Predoctoral Trainee

NIH, Diversity Supplement Awardee, National Institute on Alcohol Abuse and Alcoholism (NIAAA)

3R21AA027180-01A1 Ray, L. A. (PI) 9/2020 – 8/2021

This supplement supported my training in alcohol-related clinical research. In particular, I examined how sleep disturbance is associated with the regulation of tonic and cue-induced craving among individuals with AUD. This award supported my research training and professional development under the mentorship of Dr. Lara Ray and Dr. Erica Grodin.

Funding Agency: National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Role: Post-Baccalaureate Trainee

PEER-REVIEWED PUBLICATIONS

1. Nieto, S.J., Du, H., Meredith, L.R., Donato, S., **Baskerville, W.**, McManus, K., Magil, M., & Ray, L.A. (in press) Medication Effects on Cue-Induced Craving in the Human Laboratory are Associated with Return to Heavy Drinking in Randomized Clinical Trials for Alcohol Use Disorder: A Follow-Up Meta-Analysis. *Addiction*.
2. Grodin, E.N., **Baskerville, W.**, & Ray, L.A. (2025). Craving mediates the relationship between sleep quality and impaired control over drinking: A Preliminary Study. *Drug and Alcohol Dependence Reports*.
3. Nieto, S., MacKillop, J., Izquierdo, A., **Baskerville, W.**, Kady, A., & Ray, L.A. (2025). Examining the Effects of Varenicline and Naltrexone on Delay Discounting Among Individuals with Alcohol Use Disorder. *Alcohol and Alcoholism*.
4. Nieto, S., Donato, S., Han, D., Meredith, L.R., **Baskerville, W.**, McManus, K., Magill, M., Lopez, M., Becker, H., & Ray, L.A. (2025). Translating Medication Effects for Alcohol Use Disorder Across Preclinical, Human Laboratory, and Clinical Trial Outcomes Using Meta-Analysis. *Translational Psychiatry*.
5. *Kamal, Z., **Baskerville, W.**, & Ray, L.A. (2025). The Relationship Between Impulsivity Traits and Choice On Alcohol Use During a Quit Attempt. *The Undergraduate Research Journal of Psychology*.
6. Ray, L.A., Meredith, L.R., Godin, E., Belnap, M.A., Nieto, S.J., **Baskerville, W.**, Donato, S., Shoptaw, S., Gillis, A., Irwin, M., Miotto, K., & Enders, C.K. (2025) A Neuroimmune Modulator for Alcohol Use Disorder: A Randomized Clinical Trial. *JAMA Network Open*.

7. **Baskerville, W.**, Grodin, E.N., Meredith, L., & Ray, L.A. (2025) Interplay Between Alcohol Cues and Mood States During Early Abstinence: A Daily Diary Study. *Experimental and Clinical Psychopharmacology*.
8. Meredith, L.R., **Baskerville, W.**, Lee, C., Grodin, E.N., Wassum, K., & Ray, L.A. (2025) Influence of Real-World Cue Exposure and Mood States on Drinking: Testing Neurobiological Models of Alcohol Use Disorder. *Psychopharmacology*.
9. Ray, L.A., Grodin, E.N., **Baskerville, W.**, Donato, S., Cruz, A., & Montoya, A.K. (2025) Gabapentin for the Treatment of Alcohol Use Disorder: A Machine Learning Approach. *Alcohol and Alcoholism*.
10. Grodin, E.N., **Baskerville, W.**, McManus, K., Irwin, M., & Ray, L.A. (2024) Elevations in Interleukin-8 Levels in Individuals with Alcohol Use Disorder and Clinical Insomnia. *Alcohol: Clinical and Experimental Research*.
11. Grodin, E.N., **Baskerville, W.**, Meredith, L., Nieto, S., Ray, L.A. (2024) Reward, Relief, and Habit Drinking Profiles in Treatment Seeking Individuals with an AUD. *Alcohol and Alcoholism*.
12. **Baskerville, W.**, Grodin, E.N., & Ray, L.A. (2024). Effects of Sleep Quality on Alcohol Use During a Quit Attempt. *Alcohol and Alcoholism*.
13. Ray, L.A., **Baskerville, W.**, Nieto, S., Grodin, E., Enders, C., Kady, A., Meredith, L., Gillis, A., Leventhal, A., Ho, D., & Miotto, K. (2024) A Practice-Quit Model to Test Early Efficacy of Medications for Alcohol Use Disorder in a Randomized Clinical Trial. *Psychopharmacology*.
14. Meredith, L.R., Burnette, E.M., Nieto, S.J., Du, H., Donato, S., Grodin, E.N., Green, R., Magill, M., **Baskerville, W.**, & Ray, L.A. (2023). Testing Pharmacotherapies for Alcohol Use Disorder with Cue Exposure Paradigms: A Systematic Review and Quantitative Synthesis of Human Laboratory Trial Methodology. *Alcohol: Clinical and Experimental Research*.
15. **Baskerville, W.**, Grodin, E.N., Lin, J., Miotto, K., Mooney, L.J., & Ray, L.A. (2023). Alcohol Use Among Treatment-Seeking Individuals with Opioid Use Disorder. *Journal of Studies on Alcohol & Drugs*.
16. Grodin, E.N., Montoya, A.K., Cruz, A.M., Donato, S., **Baskerville, W.**, & Ray, L.A. (2023). Identifying Treatment Responders to Varenicline for Alcohol Use Disorder Using Two Machine Learning Approaches. *Clinical Psychological Science*.
17. **Baskerville, W.**, Venegas, A., Grodin, E.N., & Ray, L.A. (2022). Global Sleep Quality Influences Tonic Craving, but Not Cue Induced Craving. *Addictive Behaviors*.
18. Nieto, S., Grodin, E.N., Ho, D., **Baskerville, W.**, & Ray, L.A. (2022). Moderators of Subjective Response to Alcohol in the Human Laboratory. *Alcoholism: Clinical and Experimental Research*.
19. **Baskerville, W.**, Friedman, T.C., Hurley, B., Hsieh, S., Dixon, T., Mtume, N., Lee, M.L., Rodriguez, L., Lopez, B., & Ray, L.A. (2022). Embedding Comprehensive Smoking Cessation Programs into Community Clinics. *Trials*.
20. Meredith, L.R., **Baskerville, W.**, Friedman, T.C., Hurley, B., Dixon, T., Mtume, N., Rodriguez, L., Lopez, B., Hsieh, S., & Ray, L.A. (2022). Safety Net Provider Attitudes Towards Smoking Cessation Treatment. *Frontier*.
21. Nieto, S.J., **Baskerville, W.**, Donato, S., & Ray, L.A. (2021). Lifetime Heavy Drinking Years Predict Alcohol Use Disorder Severity Over and Above Current Alcohol Use. *The American Journal of Drug and Alcohol Abuse*.
22. **Baskerville, W.**, Nieto, S. J., Ho, D., Towns, B., Grodin, E. N., Li, C., Brunette, E., Donato, S., & Ray, L. A. (2020). Baseline Drinking Patterns in Non-Treatment Seeking Problem Drinkers. *Alcohol and Alcoholism*.
23. Burnette, E. M., **Baskerville, W.**, Grodin, E. N., & Ray, L. A. (2020). Ibudilast for Alcohol Use Disorder: Study Protocol for a Phase II Randomized Clinical Trial. *Trials*.
24. Green, R., Mackillop, J., Hartwell, E., Lim, A. C., **Baskerville, W.**, Karno, M., & Ray, L. A. (2020). Behavioral Economic Demand for Alcohol and Cigarettes in Heavy Drinking Smokers: Evidence of Asymmetric Cross-commodity Reinforcing Value. *Nicotine & Tobacco Research*.
25. Grodin, E. N., Bujarski, S., Venegas, A., **Baskerville, W.**, Nieto, S. J., Jentsch, J. D., & Ray, L. A. (2019). Reward, Relief and Habit Drinking: Initial Validation of a Brief Assessment Tool. *Alcohol and Alcoholism*.

1. Grodin, E.N., Kirsch, D.E., **Baskerville, W.**, & Ray, L.A. (under review) Identifying Predictors of Reward and Relief Drinking Using Multivariable and Data-Driven Approaches.

INVITED ORAL PRESENTATIONS

1. Meredith, L. R., Grodin, E. N., Enders, C. K., Irwin, M. R., Shoptaw, **Baskerville, W. A.** & Ray, L. A. (accepted for 2024, June). *Effects of ibudilast on clinical outcomes, craving, and peripheral markers of inflammation*. Oral presentation at the Research Society on Alcohol Annual Meeting, Minneapolis, MN.
2. Ray, L.A., & **Baskerville, W.** (2021). Clinical Trials for Smoking & Drinking. Oral presentation given at START Institute 4: Clinical, Epidemiological, and Behavioral Skill Development, Los Angeles, CA.
3. Ray, L.A., **Baskerville, W.**, Ho, D., & Towns, B. (2019). Characteristics of Persons Who Smoke. Oral presentation given at Charles Drew University Community Smoking Cessation Symposium, Los Angeles, CA.
4. **Baskerville, W.** & Peterson, S. (2018). Undergraduate Student Participation in Controversial Class Discussions. Oral presentation given at University of California, Los Angeles Undergraduate Research Week, Los Angeles, CA.

POSTER PRESENTATIONS

1. **Baskerville, W.**, Grodin, E.N., & Ray, L.A. (2025). Associations Between Sleep Dimensions and Alcohol Craving in Adults with Alcohol Use Disorder. Presented at the 2025 Research Society on Alcohol annual meeting, New Orleans, LA.
2. Nieto, S.J., Donato, S., Han, D., **Baskerville, W.**, McManus, K., Meredith, L.R., Magill, M., Lopez, M., Becker, H., & Ray, L.A. (2024). Testing whether Medication Findings in Animal Models Predict Clinical Efficacy for Alcohol Use Disorder. Presented at the 2024 American College of Neuropsychopharmacology annual meeting. Phoenix, AZ.
3. *Kamal, Z., **Baskerville, W.**, & Ray, L.A. (2024). The Relationship Between Impulsivity Traits and Alcohol Use During A Quit Attempt. Accepted for presentation at the 2024 Research Society on Alcohol annual meeting, Minneapolis, MN; Presented at the 2024 Psychology Undergraduate Research Conference, Los Angeles, CA.
4. **Baskerville, W.**, Grodin, E.N., & Ray, L.A. (2024). Testing Neurobiological Models of Alcohol Use Disorder During A Quit Attempt. Presentation at the 2024 Research Society on Alcohol annual meeting, Minneapolis, MN.
5. **Baskerville, W.**, Nieto, S., Grodin, E., Ho, D., Russel, R., Gillis, A., Miotto, K., & Ray, L.A. (2023). A Practice-Quit Model for Screening Medications for Alcohol Use Disorder. Presented at the 2023 Research Society on Alcohol annual meeting, Bellevue, WA.
6. Nieto, S., **Baskerville, W.**, Grodin, E., & Ray, L. (2023). Chronic Pain Intensity is Associated with Increased Cue-Induced Alcohol Craving After a Practice Quit Attempt Among People with Alcohol Use Disorder. Presented at the American College of Neuropsychopharmacology annual meeting, Tampa, FL.
7. **Baskerville, W.**, Nieto, S., Grodin, E., Ho, D., Gillis, A., Miotto, K., & Ray, L.A. (2022). Influence of Sleep Quality on Lapse to Alcohol Use During a Quit Attempt. Presented at the American College of Neuropsychopharmacology annual meeting, Phoenix, AZ.
8. Ray, L.A., Nieto, S., Grodin, E., **Baskerville, W.**, Ho, D., Russell, R., Gillis, A., & Miotto, K. (2022). A Practice-Quit Model for Screening Medication for Alcohol Use Disorder. Poster presented at the American College of Neuropsychopharmacology annual meeting, Phoenix, AZ.
9. **Baskerville, W.**, Grodin, E.N., Lin, J., Miotto, K., Mooney, L., & Ray, L.A. (2022). Alcohol Use Among Treatment-Seeking Individuals with Opioid Use Disorder. Poster presented at the 2022 Research Society on Alcoholism annual meeting, Orlando, FL.
10. Grodin, E.N., Montoya, A.K., Cruz, A., Donato, S., **Baskerville, W.**, & Ray, L.A. (2022). Identifying Likely Treatment Responders to Varenicline for Alcohol Use Disorders Using a Qualitative Interaction Trees Analysis. Poster presented at the 2022 Research Society on Alcoholism annual meeting, Orlando, FL.
11. **Baskerville, W.**, Grodin, E., Venegas, A., & Ray, L.A. (2021). Sleep Quality Among Treatment Seeking & Non-Treatment Seeking Individuals with Alcohol Use Disorder. Poster presented at the 2021 Research

Society on Alcoholism annual meeting. Virtual presentation due to COVID-19.

12. **Baskerville, W.**, Ho, D., Towns, B., Jenkins, J., Green, R., & Ray, L.A. (2020). Alcohol Use Predicts Dropout in a Smoking Cessation Trial. Poster presented at the 2020 Research Society on Alcoholism annual meeting, New Orleans, LA. Virtual presentation due to COVID-19.
13. Towns, B., **Baskerville, W.**, Ho, D., Jenkins, J., Venegas, A., Cooper, Z.D., & Ray, L.A. (2020). Clinical Correlates of Comorbid Alcohol and Cannabis Use Disorders. Poster presented at the 2020 Research Society on Alcoholism annual meeting, New Orleans, LA. Virtual presentation due to COVID-19.
14. Ho, D., Towns, B., **Baskerville, W.**, Jenkins, J., Green, R., Gillis, A., Miotto, K., Leventhal, A.M., & Ray, L.A. (2020). Electronic Nicotine Delivery Systems (ENDS) Use Among Heavy Drinking Smokers. Poster presented at the 2020 Research Society on Alcoholism annual meeting, New Orleans, LA. Virtual presentation due to COVID-19.
15. **Baskerville, W.**, Green, R., Bujarski, S., & Ray, L.A. (2019). Readiness to Change Predicts Tonic Alcohol Craving. Poster accepted for the 2020 Collaborative Perspectives on Addiction annual meeting, San Diego, CA. Virtual presentation due to COVID-19.
16. **Baskerville, W.**, Green, R., Bujarski, S., & Ray, L.A. (2019). Readiness to Change Predicts Tonic Alcohol Craving. Poster presented at the 2019 Research Society on Alcoholism annual meeting, Minneapolis, MN.
17. **Baskerville, W.**, Kanamaru, T., Son, M., Gavan, B., & Blackstock-Bernstein, A. (2018). Teachers' Decontextualized Language Use during Various Classroom Contexts. Poster presented at the 5th annual Research and Inquiry Conference: Reclaiming Expertise, Los Angeles, CA.
18. **Baskerville, W.** & Peterson, S. (2018). Undergraduate Student Participation in Controversial Class Discussions. Poster presented at University of California, Los Angeles Undergraduate Research Week, Los Angeles, CA.

(*) indicates projects where a supervised mentee was first author.

RESEARCH EXPERIENCE

- 2020 – Present **Graduate Research Assistant**, UCLA Addictions Laboratory
Supervisor: Lara Ray
- *Responsibilities*: Conducted diagnostic interviews using the SCID-5 and MINI to determine eligibility for participants in all active NIH-funded studies. Managed clinicaltrials.gov result records for completed studies. Acted as the primary study clinician for all projects since 2024. Supervised three undergraduate research assistants for an NIH-funded NRSA F31 study since 2024. Oversaw the recruitment of over 100 prospective research participants from the greater Los Angeles community. Performed quality assurance on all data collection, monitored data security and integrity, and submitted IRB amendments.
- 2020 – 2021 **Post-Baccalaureate Trainee, NIH Diversity Supplement Trainee**, UCLA Addictions Laboratory
Supervisor: Lara Ray, Ph.D., and Erica Grodin, Ph.D.
- Parent Project: A Novel Human Laboratory Model for Screening Medication for Alcohol Use Disorder (GRANT # R21 AA027180)
 - This supplement supported my training in alcohol-related clinical research. In particular, I examined how sleep disturbance is associated with the regulation of tonic and cue-induced craving, among individuals with AUD. Specific research questions were to test: (1) the unique and independent effects of sleep quality on tonic and cue-induced craving in a combined sample of treatment and non-treatment seeking individuals with AUD; and (2) explore the independent effect of sub-dimensions of sleep quality on tonic and cue-induced craving.
- 2018 – 2021 **Project Manager/Staff Research Assistant**, UCLA Addictions Laboratory
Supervisor: Lara Ray, Ph.D.
- Project: A Randomized Controlled Clinical Trial of the Neuroimmune Modulator Ibudilast for the treatment of Alcohol Use Disorder
 - *Responsibilities*: This is a clinical trial of a novel neuroimmune modulator (ibudilast) for the treatment of alcohol use disorder in an outpatient clinical setting. My role is to lead recruitment and retention efforts for an R01 clinical

trial, resulting in 187 in-person eligibility screens and 50 randomized participants to date; manage participants during all phases of the study; determine eligibility from screening visits; determine medication stratification based on sex and average drinks per drinking day; communicate with pharmacy and schedule medication pickup; schedule blood draws and EKGs at the UCLA Clinical Translational Research Center (CTRC); schedule fMRI scans at the UCLA Center for Cognitive Neuroscience; collect biological samples; administer the NIH Toolbox, Clinical Institute Withdrawal Assessment, Columbia-Suicide Severity Rating Scale, Structured Clinical Interview for DSM-5, Timeline Followback; input questionnaires into a web-based survey tool; recruited and managed 15+ undergraduate research assistants; hold weekly undergraduate research assistant meetings.

- Project: VAR+NTX

- *Responsibilities:* This is a randomized clinical trial combining Varenicline and Naltrexone for smoking cessation and drinking reduction. My role was to assist in recruitment efforts for an R01 clinical trial, resulting in 508 in-person eligibility screens and 165 randomized participants to date; assist in managing participants during all phases of the study; determine eligibility from screening visits; schedule blood draws and EKGs at the UCLA CTRC; coordinate medical screens with the study physician; collect biological samples; administer the Clinical Institute Withdrawal Assessment, Columbia-Suicide Severity Rating Scale, Structured Clinical Interview for DSM-5, Timeline Followback.

2017 – 2018 **Honors Thesis**, UCLA Undergraduate Research Fellows Program

Supervisor: Steven Peterson, Ph.D.

- Project: Undergraduate Student Participation in Controversial Class Discussions
- *Responsibilities:* Created a study proposal; acquired and managed IRB approval; designed questionnaires and inputted questionnaires in a web-based survey tool; recruited 180 participants using a crowdsourcing marketplace; cleaned data and ran descriptive, bivariate, and multivariate analysis in SPSS; wrote an honors thesis based on study results; attended a weekly research seminar lead by my supervisor; completed the URFP Honors Collegium.

2017 – 2018 **Lead Research Assistant**, Department of Human Development & Psychology

Supervisors: Anne Blackstock-Bernstein, M.A. and Alison Bailey, Ph.D.

Project: The Language Environment of Early Childhood Classrooms: Individual Differences and Teachers

- *Responsibilities:* Scheduled data collection visits; conducted standardized classroom observations and directed child assessments of English proficiency in 21 classrooms; administered the Language Interaction Snapshot (LISn) and preLAS English language proficiency and pre-literacy skills measure; entered and cleaned quantitative data; transcribed videos of classroom interactions; managed 6 undergraduate research assistants; created a monthly RA schedule; wrote weekly reports to the principal investigator.

2017 **Independent Research Project**, UCLA Department of Psychology

Supervisor: Elisheva Gross, Ph.D.

- Projects: Social Cognitive, Language, & Cognitive Development of Chris (26-months): A Case Study; Cooking with Various Substances: Curriculum
- *Responsibilities:* Observed a 26-month focal child for 11 weeks focusing on his theory of mind development in regards to prosocial behavior, elicitation of information from caregivers in the form of wh- questions, and influence of exploratory behavior on his cognitive development; wrote a 40-page case study on the developmental observations of the focal child in the domains of social cognitive, cognitive, and language development with the overarching theme of environmental influence; designed and implemented an original child directed curriculum promoting sensory and imaginary play.

2017 **Child Development Intern**, UCLA Department of Psychology

Supervisor: Courtney Kumar, M.S, CCLS

- Project: Megan E. Daly Infant Development Program – Franz Hall
- *Responsibilities:* Completed 240 internship hours; supervised children ranging

from 3 months – 3 years old; assisted with the children’s daily needs and phases of their day; encouraged opportunities to scaffold development in the domains of language, cognitive, social cognitive, social emotional, and motor and perception; took concurrent classes on how to apply theories, research methods, and research findings to practical concerns.

2016 – 2017 **Lead Research Assistant, UCLA Department of Psychology and Department of Education**
Supervisor: Jaana Juvonen, Ph.D. and Sandra Graham, Ph.D.

- Project: UCLA Middle and High School Diversity Project
- *Responsibilities:* Completed 80 hours of lab hours per quarter, plus two, hour meetings brainstorming for new surveys for graduated high school students during Fall quarter 2017; managed a team of undergraduate research assistance during collecting psychosocial, behavioral, and academic data from ethnically diverse high school students in Los Angeles; dispensed student honorariums; collected assent/consent forms; entered data; updated student information; organized/collected graduated student information for the new online data collection system.

PSYCHOTHERAPY EXPERIENCE

2025—Present **Advanced Graduate Student Therapist, UCLA Psychology Clinic, Los Angeles, CA**

Licensed Supervisor: Dr. Katy Jakle

- Provided weekly culturally responsive Acceptance and Commitment Therapy (ACT) and Compassion Therapy to low-income adults with depression, substance use disorders, and traumatic experiences.
- Tracked clients’ progress using appropriate routine outcome monitoring and completed clinical reports detailing case conceptualization, diagnoses, and treatment planning.

2024—2025 **Advanced Graduate Student Therapist, UCLA Psychology CBT for AUD Clinic, Los Angeles, CA**

Licensed Supervisor: Dr. Lara Ray

- Conducted comprehensive intakes and weekly culturally responsive Cognitive Behavioral Therapy (CBT) to adult clients with alcohol use disorder.
- Tracked clients’ progress using appropriate routine outcome monitoring and completed clinical reports detailing case conceptualization, diagnoses, and treatment plan.
- Conducted comprehensive psychodiagnostic assessments personalized to adult client presentation to assess mood episodes, psychotic and associated symptoms, substance use disorders, anxiety disorders, obsessive-compulsive disorder, posttraumatic stress disorder, adult attention-deficit/hyperactivity disorder, and other current disorders.
- Co-facilitated a two-session workshop on alcohol use reduction.
- Co-developed a CBT for substance use disorders (SUDs) 6-month group.
- Co-facilitated a weekly CBT for SUDs and depression skills and processing group with adult clients presenting with SUDs and mood disorders.
- Conducted treatment planning sessions at the midpoint and end of the 6-month group.
- Worked collaboratively with the UCLA Addiction Psychiatry Clinic and provided a case conceptualization presentation and CBT for AUD Clinic overview during a UCLA Addiction Psychiatry Clinic program meeting.

2023—2025 **Advanced Graduate Student Therapist, UCLA Psychology Clinic, Los Angeles, CA**

Licensed Supervisor: Dr. Alyson DiRocco

- Conducted comprehensive intakes and weekly Dialectical Behavioral Therapy (DBT) to adult clients with borderline personality disorder, persistent depressive disorder, and major depressive disorder.
- Conducted DBT phone coaching.
- Attended weekly DBT team meetings and presented client case conceptualizations.
- Tracked clients’ progress using appropriate routine outcome monitoring and completed clinical reports detailing case conceptualization, diagnoses, and treatment plan.
- Co-facilitated a weekly DBT skills group for adult clients presenting with personality and mood disorders for 6 months.

2023—2024 **Psychology Pre-Intern**, *Sepulveda Ambulatory Care Center, Los Angeles, CA*
Greater Los Angeles VA
Trauma Recovery Services (TRS) Clinic
Licensed Supervisor: Dr. Xiaorui (Shirley) Chen
Post-Doctoral Fellow Supervisor: Dr. Anni Hasratian

- Conducted weekly chart reviews and conducted intakes using the Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) and self-report measures to accurately diagnose PTSD and consider differential diagnoses.
- Conducted treatment planning sessions to collaboratively determine treatment interest and appropriate treatment plan.
- Provided weekly empirically supported, culturally responsive psychotherapy, including Prolonged Exposure (PE), Written Exposure Therapy (WET), and Cognitive Processing Therapy (CPT) to Veterans with PTSD from all service eras and exposed to all forms of trauma.
- Tracked clients' progress using appropriate routine outcome monitoring.
- Completed clinical reports detailing presenting concerns, mental health diagnoses, and treatment planning with referrals.
- Attended weekly didactics on environment of care, suicide prevention, military culture, psychopharmacology for Veterans, military sexual trauma, complex PTSD, reversible causes of cognitive dysfunction and dementia, biopsychosocial model of chronic pain, mental health referrals, and evidence-based assessment of PTSD.

2022 – 2023 **Graduate Student Therapist**, *UCLA Psychology Clinic, Los Angeles, CA*
Licensed Supervisors: Dr. Danielle Keenan-Miller, Dr. Lynette Lau

- Provided weekly Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), and Managing and Adapting Practice (MAP) to an adult and child client with persistent depressive disorder and attention-deficit/hyperactivity disorder, respectively.
- Tracked clients' progress using appropriate routine outcome monitoring and completed reports detailing case conceptualization, diagnoses, and treatment plan.

2022 – 2023 **Graduate Student Therapist**, *UCLA Psychology CBT for AUD Clinic, Los Angeles, CA*
Licensed Supervisor: Dr. Lara Ray

- Conducted semi-structured, comprehensive intake interviews.
- Provided Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), and Motivational Interviewing to adult clients presenting with substance use disorders.
- Collaboratively worked with clients' psychiatrists.
- Provided brief alcohol intervention utilizing Motivational Interviewing, psychoeducation, and personalized feedback with treatment-seeking research participants following a week-long medication-assisted 'practice quit attempt'.

2022 **Intake Interviewer**, *UCLA Psychology Clinic, Los Angeles, CA*
Licensed Supervisors: Dr. Philip Sayegh, MPH and Dr. Annette Swain, ABPP-CN

- Conducted semi-structured, comprehensive intake interviews for clients presenting with a range of psychological concerns.
- Completed clinical reports detailing clinical presentations, case conceptualization, and diagnoses.

ASSESSMENT EXPERIENCE

2021 – Present **Graduate Assessor**, *UCLA Addictions Laboratory, CA*
Primary Investigator: Dr. Lara Ray

- *Responsibilities*: Administered Structured Clinical Interview for DSM-5 (MDD, Past Manic

Episode, Psychotic and Associated Symptoms, Alcohol Use Disorder, and Substance Use Disorder modules); administered Clinical Institute Withdrawal Assessment (CIWA) in patients with alcohol use disorder; administered structured measure of suicidal ideation; administered NIH Toolbox to assess cognition in patients with alcohol use disorder; training in neuropsychological testing for cognition in individuals with alcoholic liver disease (ALD); attended weekly supervision meetings to discuss clinical interactions with research participants and the administration of structured diagnostic interview

2021 – 2025 **Neuropsychological Assessor, UCLA Psychology Clinic, Los Angeles, CA**

Supervisor: Dr. Shannon Daley & Dr. Philip Sayegh, MPH

- *Responsibilities:* Conduct intake interviews for adolescent and adult patients seeking assessments for neuropsychological testing or psychoeducation; conduct comprehensive in-person psychoeducational and neuropsychological assessments for adolescents and adults; prepare and provide detailed reports on patient's history, presenting problem, and diagnostic information; consult with supervisor in weekly case consultation and collect feedback on clinical technique; maintain clinical records and patient billing via the electronic health record system 'Point-n-Click'.

SUPERVISORY EXPERIENCE

2025—Present **Advanced Graduate Student Supervisor, UCLA CBT for AUD Clinic, Los Angeles, CA**

Supervisor of Supervision: Dr. Lara Ray

- Served as a peer supervisor to early-stage graduate students using Cognitive Behavioral Therapy to treat clients with alcohol use disorder through weekly supervision meetings.
- Provided psychoeducation on therapeutic orientation and observed weekly sessions.
- Assisted with session planning and conceptualization.
- Edited and provided feedback on clinical notes and reports.

2024 **Advanced Graduate Student Supervisor, UCLA Psychology Clinic, Los Angeles, CA**

Supervisor of Supervision: Dr. Philip Sayegh

- Served as a peer supervisor to two early-stage clinical graduate students conducting neuropsychological assessment cases.
- Conducted weekly 1-hour supervision meetings.
- Observed sessions and reviewed and provided feedback on notes and reports.
- Assisted with session planning and preparation of testing materials.
- Served as a peer supervisor to early-stage clinical graduate students conducting weekly semi-structured intakes for clients presenting with a range of psychological concerns.
- Conducted weekly 1-hour supervisions.
- Live observed weekly intakes and provided feedback to the clinical graduate students.
- Reviewed and provided feedback on disposition forms, intake reports, and notes.

STANDARDIZED CLINICAL ASSESSMENTS ADMINISTERED

Structured Clinical Interview-5 (SCID-5), MINI International Neuropsychiatric Interview (MINI), NIH Toolbox Cognition Measures, Timeline Follow-Back (TLFB), Clinical Institute Withdrawal Assessment for Alcohol (CIWA-Ar), Columbia-Suicide Severity Rating Scale (C-SSRS), Alcohol Cue Reactivity Task Paradigm, Managing and Adopting Practice (MAP), Wechsler Adult Intelligence Scale, 4TH Edition (WAIS-IV), Wechsler Intelligence Scale for Children, 5th Edition (WISC-V), Delis-Kaplan Executive Function System (D-KEFS), Test of Memory Malingering (TOMM), Woodcock Johnson Test of Achievement, 4th edition (WJ-IV) and Oral Language (WJ IV OL), Grey Oral Reading Tests 5th Edition (GORT-5), The Beery Buktenica Developmental Test of Visual Motor Integration (Beery VMI), Rey Complex Figure Test (RCFT), Nelson Denny Reading Test (NDRT), California Verbal Learning Test-3 (CVLT) Language Interaction Snapshot (LISn), preLAS English Language Proficiency and Pre-literacy Skills Measure

TEACHING & MENTORING EXPERIENCE

2023

Guest Lecturer, UCLA

Fieldwork in Psychology: PSYCH 194A/195A (Undergraduate): Professor Anna Lau

- Provided a 60-minute lecture on the assessment and treatment of alcohol use disorder.
- 2024—Present *Instructor & Graduate Student Mentor, UCLA*
DiSH Lab Summer Research Intensive Program UCLA
- Lead three 1-hour classes for a NSF-funded program for underrepresented minority community college students.
- 2024 *Workshop Co-Facilitator, UCLA*
UCLA Department of Psychology Clinical Area Program Meeting
- Co-Facilitated a 60-minute workshop on Addiction Psychology: Practice Guidelines and Training Opportunities.
- 2024 *Teaching Assistant, Department of Psychology, UCLA*
Psychology of Addiction: PSYCH 162: Professor Dylan Kirch, PhD
- *Responsibilities:* Taught a 1-hour discussion section, held weekly office hours, assisted with creation of discussion materials, and graded quizzes, discussion posts, and assignments.
- 2024 *Teaching Assistant, Department of Psychology, UCLA*
Research Methods in Psychology: PSYCH 100B: Professor Sklar-Muscatello, PhD
- *Responsibilities:* Taught a weekly 1-hour and 5-minute laboratory section of 21 students; held weekly office hours.
- 2024 Center for the Improvement of Mentored Experiences in Research (CIMER) Research Mentorship Training, UCLA, March 2024, **UCLA**
- Participated in 15 hours of evidence-based training in effective and culturally responsive research mentorship developed by NRMN and CIMER. Enacted a Mentoring Action Plan to enhance my mentoring practice and develop my mentoring philosophy.
- 2023 *Guest Lecturer, UCLA*
Fieldwork in Psychology: PSYCH 194A/195A (Undergraduate): Professor Anna Lau
- Provided a 60-minute lecture on the etiology, development, and treatment of alcohol use disorder.
- 2021 – Present *Undergraduate Research Journal of Psychology at UCLA Mentor, UCLA*
- *Responsibilities:* Meet one-on-one with mentee to discuss graduate school, research opportunity, and post-baccalaureate positions; graduate student panelist for quarterly panels; supervise undergraduate editors during the URJP publication process.
- 2021 *Teaching Assistant, Department of Psychology, UCLA*
Introduction to Psychology: PSYCH 10: Professor Melissa Paquette-Smith, PhD
- *Responsibilities:* Graded weekly laboratory assignments, exams, and final research papers; held bi-weekly office hours; assisted with a 1-hour weekly laboratory class; created a lecture explaining statistical interactions.
- 2020 – 2021 *Association of Students in Child Development Mentor, Department of Psychology, UCLA*
Association of Students in Child Development Mentorship Program
- *Responsibilities:* Meet one-on-one with mentee once a week to discuss research, course work, and career goals.
- 2018 *Undergraduate Teaching Assistant, Department of Psychology, UCLA*
Applied Developmental Psychology Minor: PSYCH 134D & E: Professor Elisheva Gross, Ph.D.
- *Responsibilities:* Attended class twice a week; held two 1-hour office hours per week; assisted students with literature reviews, weekly writing assignments, and case study development; attended weekly meetings with the professor and graduate TA; led research workshops and classroom presentations.
- 2017 – 2020 *Applied Developmental Psychology (ADP) Minor Mentor, Department of Psychology, UCLA*
Applied Developmental Psychology Minor Student Mentorship Program
- *Responsibilities:* Mentored undergraduate students early in their undergraduate careers who were interested in applying to the minor and required assistance in navigating additional academic preparation and/or relevant experience to be successful in the competitive applicant pool; contacted mentee 1 – 2 times during the quarter; provided feedback on ADP application and support in planning future coursework and/or extracurricular activities.
- 2017 – 2018 *Applied Developmental Psychology Minor Orientation Lead, UCLA*
Applied Developmental Psychology Minor Program Orientation (three cohorts)
- *Responsibilities:* Assisted with all aspects of the three parts Applied Development Psychology

Minor orientation; created preparatory documents and scripts; led workshops; presented information; organized the orientation script.

RELATED WORK EXPERIENCE

2016

U.S. Department of Education, Rural Education Achievement Program (REAP) Intern

Supervisor: David Cantrell, Ph.D.

Grantee Outreach

- *Responsibilities:* Developed and posted website content on REAP site; notified and collected local education educational agencies (LEA) needing to submit applications; designed a new website shell for REAP; updated school district information in max.gov; completed a list of non-registered LEAs; assisted in monitoring calls, pre-meetings, and team meetings.

Grant Operations

- *Responsibilities:* Verified school districts Data Universal Numbering System (DUNS) and SAM (the System for Award Management) status; confirmed fiscal year grantee application status; updated and completed 'Not Registered' spreadsheet; created and sent out webinar registration information; developed REAP-Small Rural School Achievement Program (SRSA) training PowerPoint for school districts in all 50 states and presented it to the Office of Elementary and Secondary Education Staff.

ADVOCY / MENTOR MEMBERSHIPS

Transfer Outreach Committee, UCLA Underrepresented Graduate Students in Psychology, 2024—Present

Student Representative, UCLA Research Training and Development Committee, 2024—Present

Undergraduate Outreach Committee, UCLA Underrepresented Graduate Students in Psychology, 2022—2023

Graduate Student Volunteer, Undergraduate Research Journal of Psychology at UCLA, 2022 – Present

Psychology in Action, Member, 2022 – 2023

Student Representative, UCLA Clinical Area Committee, 2021—2023; 2023—2024; 2024—2025

AD-HOC JOURNAL REVIEWER

Alcohol and Alcoholism

Addictive Behaviors

Psychology of Addictive Behaviors (co-reviewer)

Psychopharmacology (co-reviewer)

RELEVANT CLINICAL, RESEARCH, MENTORING TRAINING

Collaborative Institute Training Initiative (CITI) – Biomedical Responsible Conduct of Research, FDA Regulated Research, Good Clinical Practice, Human Research: Social and Behavioral Researchers and Staff, Human Research: Biomedical, UCLA HIPPA

Columbia Suicide Severity Rating Scale (C-SSRS)

Managing and Adapting Practice (MAP) Direct Service Training, Instructor: Bruce Chorpita, PhD

Cognitive Behavioral Therapy (CBT) for Alcohol Use Disorder (AUD) seminar, Instructor: Lara Ray, PhD

Dialectical Behavioral Therapy (DBT)-Informed Interventions for Psychosis seminar, Instructor: Maggie Mullen, LCSW, DBT-LBC

Compassion-Focused ACT for Addictive Behaviors with Adolescents seminar, Instructor: Eli Cwinn, PhD